

THE DISCLOSER

INSIDE THIS ISSUE:

<i>President's Message</i>	1
<i>Legislative Report</i>	2
<i>Institute for Oral Health</i>	5
<i>Continuing Education</i>	3
<i>NMDHA ANNUAL ses- sion</i>	
<i>Community Projects</i>	5
<i>Component News</i>	4
<i>President Elect Message</i>	6

CALENDAR OF EVENTS

10.17-18.08

What: **NMDHA Scientific Session and Business Meeting**
Where: Marriott Albuquerque Pyramid North

When: Friday **Starts at 8:00 am -8:30 am registra-
tion, then Opening Ceremonies**
Saturday: **Registration starts at 7:30 am**

11.05.08

What: **PREP**
Where: UNM, Dental Hygiene Program, San Juan
Community College DH Program, Doña Ana
Community College DH Program

When: 7:00 pm 1 CE per webcast.
Topic: **"Recent Advances In Caries Detctioin and
Diagnosis- A New Way to Look at Dental Caries"** by
Dr. Fontana. Contact joy@nmdha.org

11.13-15.08

What: **Hispanic Dental Association Session**, in
Arizona, go to www.hdassoc.org for more informa-
tion

11.13.08

What: **HDDHS**
Where: CNM Workforce Training Center, 5600
Eagle Rock Ave NE
When: 5:45 - 7:30 PM.

12.3.08

What: **PREPDH Committee/Board Meeting**
Where: UNM, Dental Hygiene Program, San Juan
Community College DH Program, Doña Ana
Community College DH Program

The Discloser, the Journal of the New Mexico
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members who request copies and posted on the
NMDHA website.

Submit suggestions, letters, or inquiries to: Kelly
Valdez-Ayres: kelly@nmdha.org or

Member Services: Lisa Van Berg, and Ani Humber-
son, lisas@nmdha.org, or ani@nmdha.org

Greetings,

I am looking so forward to seeing all of you at Scientific Session this year. We missed our mid year meeting due to ADHA Annual Session, and I am anxious to get together and inform our membership on issues that are facing our profession in New Mexico.

Scientific Session is being expertly planned by Mary Kaye Vigil and Cindy Purdy to be a science based educational opportunity for each of us. That concept, thrown in with some good food and good friends, is a winning combination. By now you should have received your registration flyer and I strongly encourage you to attend.

Thomas Nabors DDS, if presenting a program "Bacterial Testing Periodontal Medicine: The Changing Face of Periodontal Diseases). He will speak on genetic predisposition and the new understanding of etiology and pathogenesis of periodontal infections. You will leave knowing how to treat every infection as a unique entity and how to monitor treatment success or failure early and accurately. Bring your co workers as he is a quality speaker, the impact of chronic disease is taking its toll, and the new information you will receive requires a team approach that should include all oral health care givers.

The general membership meeting will include the elections and annual reports but we will allocate the majority of the time on Saturday between 8:00 and 9:30 to informing membership about our legislative efforts and the new mid level practitioner model. Please attend this all important review as we all need to have the information and be able to know what is happening regarding the dental hygiene profession nationally and in New Mexico. Our purpose of creating this new profession is to:

- Maximize NM workforce
- Provide opportunities for access to care
- Serve the underserved

The speakers on Saturday are equally as informative...we have a presentation on ALS. One of our colleagues, Elaine Sanchez-Dils, has been faced with the horror of hearing her husband, Lauren Dils, has been diagnosed with ALS. We need to learn about ALS and do whatever we can to contribute to the search for a cure. Another colleague, Jennifer Jungmann, lost her mother this past year to ALS. My uncle passed away two years ago from the horrible condition. So, please come and support and learn about ALS and how we can help.

We will have a presentation on street drugs and learn the new addiction problems we face as a society. This presentation will give us another way to help with general health and help us recognize and help when a patient may be dealing with more than just a busy life.

See you all at the Albuquerque Marriott Pyramid North on the 17th of October!!!

Ginny



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President
Ginny Berger
ginny@nmdha.org

President - Elect and Alternate Delegate
Joy Horn
joy@nmdha.org

Vice President
Anne Scott
anne@nmdha.org

Immediate Past President
Cindy Purdy
cindyp@nmdha.org

Secretary
Josalyn Sewell
Josalyn@nmdha.org

Treasurer
Sharon Purtell
sharon@nmdha.org

Delegate Chair
Jennifer Archuleta
jennifer@nmdha.org

Delegate
Valoree Newton
valoree@nmdha.org

ADHA District IX Trustee
Bonnie Flanagan
bonnierdh@msn.com

LEGISLATIVE REPORT

BY BARBARA POSLER, RDH



This year the Association and its Council on Regulation and Practice are working on goals to

- improve the health of the underserved by providing access to preventive and early interceptive oral health services;
- integrate oral health with primary health;
- maximize the workforce by expanding the dental hygiene scope of practice,
- develop and implement the Advanced Dental Hygiene Practitioner.

The **Advanced Dental Hygiene Practitioner (ADHP)** is defined as “a licensed dental hygienist educated at the Master’s degree level who will have an expanded role in treating patients by providing diagnostic, preventive, prescriptive and limited restorative services directly to the public, focusing on the underserved.” This goal was approved by the membership in 2005.

The Dental Healthcare Act, which is the statute that defines the way we practice, is up for review this year by the legislature. The association is making recommendations to expand the dental hygiene scope of practice to include

1. Dental hygiene diagnosis
2. Diagnosis for sealants
3. Administration of local anesthetic without supervision
4. Limited prescriptive authority

In addition to the expanded scope, the association is proposing that the Dental Hygienists’ Committee of the New Mexico Board of Dental Healthcare be given more autonomy by removing the ratification requirement of the Board over the recommendations of the Committee.

The council recognizes that there are several factors at this time which give the association a unique opportunity to move forward with its goals:

- Ø The recommendations of the Governor’s Oral Health Council
- Ø Support from UNM
- Ø The large unmet oral healthcare needs of the state, especially the elderly and Medicaid
- Ø The shortage of dentists
- Ø The increased dental hygiene workforce (48, soon to be 56, graduates per year)
- Ø The support of other healthcare professions

It is important for the profession of dental hygiene to respond to the U.S. Surgeon General’s *Call to Action Plan* to increase access to care and improve oral health. Other professions will answer the call, filling the gap in care, if dental hygienists are not there to do it.

Lobby Day will be January 30, 2009. Everyone is encouraged to attend. Members are requested to participate in the political process by staying informed, voting and communicating with their legislators. For more information regarding this report, please contact Barbara Posler, RDH poslong@ymail.com

Barbara Posler, RDH, Chairman, Council on Regulation and Practice
New Mexico Dental Hygienists’ Association

New Mexico Dental Hygienists’ Association



Did you attend the ADHA Annual Session in June? Send us your photos, special stories, and comments. We would love to hear from you. Look for the special edition featuring your anecdotes. Contact Kelly at kelly@nmdha.org

Have you seen the ADHA site of the Annual Session? Be sure to visit and get a glimpse of what all the buzz was about! www.adha.org

Clear your schedule and mark your calendars

Dear Fellow Hygienists'

Fall is here and that means the Balloon Fiesta, and the **20th Annual NMDHA Scientific Session**. I hope you all will be attending as the NMDHA Board of Trustees and Council on General Membership Meetings has outdone themselves in the caliber of speakers they are bringing to you for Scientific Session.

On **Friday October 17, 2008** Thomas Nabors DDS, will be presenting "Bacterial Testing Periodontal Medicine: The Changing Face of Periodontal Diseases". You will learn a totally different way of evaluating periodontal disease, new understanding of etiology and pathogenesis of periodontal infections, and how to monitor treatment success or failure early and accurately. This is truly just a small part of this continuing education course.

Saturday October 18, 2008 Kyle Thornton, EMS will start the morning continuing education course off with new information regarding "Street Drugs" This course will discuss the use and abuse of several of the illicit and legal drugs in our society...methamphetamine, "club drugs", alcohol, and the most common stimulants and narcotics. The scope of their uses, the signs and symptoms, and long and short-term effects will be discussed in this lively and engaging presentation.

There has been a speaker and topic change for Saturday afternoon NMDHA regrets that Jeannie Boyd is unable to present her ALS course. However there will still be an exhibitor booth with information on ALS in the foyer on Saturday please stop by and pick up this vital information, members of the ALS Board will be there to answer all of your questions.

Sandra Coulson, B.A. ST, C.O.M. will be presenting on Orofacial Myology on Saturday October 18, 2008. She has been recognized nationally for her devotion to her profession and been the

recipient of many awards. She has spoken at Dental Associations, Physician Associations, and Dental Hygiene Associations, and many international settings since 1970. Her course will focus on Tongue thrust, Thumb/finger sucking, TMJ, Breathing patterns, and Open-mouth resting postures. Sandra will present us with information we need to understand the treatment process and strategies to facilitate the most effective treatment modality for our patients.

The Albuquerque Marriott Pyramid North Hotel staff has been most helpful in helping me plan an exciting and pleasurable 20th Annual Scientific Session. NMDHA is planning a buffet lunch this year for both days; you will have several selections for lunch.

There will be a different twist on opening ceremonies this year so come early and enjoy the food and festivities. The Friday Awards Luncheon is always interesting, reconnect with friends at the President's Reception on Friday evening and enjoy some great food.

The General Membership Meeting, Election of NMDHA Officers and an ADHP Forum will be held Saturday morning along with a delicious continental breakfast so please attend and give your input to your professional association.

NMDHA President Ginny Berger, RDH's motto is "The World is Run by People Who Show Up". So join us for great CE's, food, see old friends, make new friends and support your professional association.

Sincerely,

Mary Kaye Vigil, RDH, BSDH

NMDHA General Membership Meetings Council Chair

What: NMDHA Scientific Session
Where: Marriott Albuquerque Pyramid
 North 5151 San Francisco Rd NE ABQ.
 87109

Friday:
 8:00 AM - 8:30 AM
 Registration and Continental Breakfast
 9:00 AM - 12:00 PM
 Bacterial Testing, Periodontal Medicine:
 The Changing Face of Periodontal Diseases"
 By Thomas Nabors, DDS
 12:00 PM - 2:00 PM
 Awards Luncheon and HyPac Forum
 2:00 PM - 4:30 PM
 Periodontal Medicine continued
 5:00 PM - 7:00 PM

President's Reception
Saturday:
 7:30 AM - 8:00 AM
 Registration and Continental Breakfast
 8:00 AM - 9:30 AM
 General Membership Meeting,
 Election of Officers and ADHP Forum
 9:30 AM - 12:00 PM
 "Street Drugs: What's Hot and What's Not"
 By Kyle Thornton, EMS
 12:00 PM - 2:00 PM
 Lunch, Installation of Officers and
 HyPac Raffle
 2:00 PM - 4:15 PM
 ** "Orofacial Myology"
 By Sandra Coulson, B.A., ST, C.O.M.

COMPONENT NEWS

FROM THE NORTH

Tres Rios Dental Hygienists' Society is here!

Last Scientific Session it was decided by the members of the Northern component to split the component into two separate societies due to geographical restrictions of getting to meetings. For NMDHA/Northern members in San Juan County, it would almost be closer to go to High Desert DHS meetings. Bylaws were written, a name was chosen, an executive committee was elected and the Tres Rios Dental Hygienists' Society was created.

The first meeting of the society was September 19. Fourteen area hygienists attended.

The boundaries of the society include San Juan, McKinley, Rio Arriba, and Sandoval counties. Espanola, Bernalillo and Rio Rancho are excluded from the Tres Rios Society because members there feel it would be more inconvenient for them to be members of the Tres Rios Society for the same reason it was formed. Everything has been submitted to ADHA for the official reconstruction of the society on October 1.

The Executive Committee President is Valoree Newton, Vice President is Christina Harp, Secretary is Jeannie Henley, Treasurer is Cydney Sharp, and the Trustee to NMDHA is Brittany Nichols. Our first fundraiser will be held at the NMDHA Scientific Session. We will have a table at Scientific Session selling items with the new constituent logo on it. Please support your new Society and our efforts in the Four Corners!!!!

Thank you, Valoree Newton, RDH, BS

FROM THE SOUTH

This has been a very good year for our component. We started the year with 24 members and it was a goal of mine to reach 30 and I am happy to report that we have met that goal.

We have co-presidents and they are Laura Carreon and Debra Stadjuhar. Secretary-treasurer has been myself, Doris Baker. We have held four meetings throughout the year and they have been well attended.

We started the year with donating \$500. to DACC Dental Hygiene, for their trip to last October's Scientific Session.

Judy Lopez and Cheryl Stiles co-chaired our community project of Special Smiles which was held in November. Thanks to their hard work, there were enough volunteers and it was a very successful day. Students from the DACC and EPCC Dental Hygiene Programs were a big help.

We held a fundraiser continuing education in January and netted over \$1400, and had over 40 in attendance.

At our meeting in April, we once again donated \$500. to the

DACC Dental Hygiene Program to offset the cost of the students attending Annual Session. Our goal is to support Evelyn Hobbs and the program as much as we can.

At our September meeting, we are planning again for Special Olympics which will be held November 22. Our next CE will be January 24 and Evelyn Hobbs will be presenting "A Radiology Update". We also donated \$480. to help pay for the first year dental hygiene students to attend this year's Scientific Session. Laura Moss will be our new Secretary-Treasurer. Our co-presidents will remain and our trustees, Patti Wiseman and Rene Coury will also remain.

It was a very good year and I personally want to thank everyone for their support.

Respectfully Submitted,
Doris Baker, RDH, MA

FROM THE CENTRAL

High Desert Dental Hygienists' Society held its first meeting and Social on Friday September 12. Great information, food and camaraderie was had by all.

We hope you join us at our future meetings, which will be held at the CNM Workforce Training Center in Albuquerque. The address is 5600 Eagle Rock Ave, NE, which is just off of San Mateo and Alameda Blvd. All meetings will be 5:45 to 7:00 PM.

Thursday, November 13, 2008

Topic: Emergency Dental Hygiene
*Speakers: Kathy Berringer, RDH, MSDH^o,
Melissa Van Witzenberg, RDH, MSDH^o,
& Elmer Gonzalez, RDH, MSDH^o*

Late February 2009

ALBUQUERQUE DAY details TBA

Wednesday, March 11, 2009

Topic: Oral-Systemic Webcast
Speaker: TBA

Wednesday, April 8, 2009

Topic: Oral-Systemic Webcast
Congratulations to the new officers!

Anne Scott - Acting President

Kitty Rivera - Vice President

Donna Romm - Treasurer

Stephanie Baca - Secretary

Betty Grogan - ABQ Day Coordinator

Trustees

Cindy Vigil (2nd year)

MaryKaye Vigil (2nd year)

Doris Turcotte (1st year)

Position Open (1st year)

Enjoy life (it's infectious!). Value the potential in others.
Give hope for a brighter tomorrow. Share yourself.

Special Olympics Smiles Again!

Special Olympics Special Smiles is wrapped up for another successful year. Farmington was host for the Fourth Annual Four Corners Invitational on August 16th. Athletes from across the State competed in softball, swimming and golf.

Area dentists, hygienists, San Juan Hygiene Program faculty and students, front office staff, and friends and family came to the Farmington Aquatics Center to volunteer. Many hours were devoted to getting supplies and recruiting volunteers for the event.

Preparing the site began at 8am, with the actual screenings beginning at 11am and ending at 2pm.

In three hours we completed 98 oral screenings and fabricated 26 mouth guards for the softball athletes! This annual competition brings people from across the state for athletics, health, and fun. Many of these athletes do not receive the healthcare they deserve due to lack of providers.

I am proud to have been the Local Coordinator for the New Mexico Dental Hygienists Association and Special Olympics. This event is just one way to reach out to this inspiring population. I honestly get more out of it than the athletes do. I hope to see you all next year in the Four Corners.



Valoree Newton, RDH, BS
 NMDHA Delegate/Special Olympics Special Smiles Farmington Coordinator
 Farmington Community Health Center

ADHA Institute for Oral Health

"Leading the way through professional excellence in dental hygiene education and research."

The ADHA Institute for Oral Health has wrapped up another successful year.

This fiscal year (ending June 30, 2008) the IOH has raised \$136,964.74 for scholarships, community service and research grants. At the ADHA Annual Session in Albuquerque this summer, the IOH raised \$28,782.81 with the IOH booth, the "Sky's the Limit" raffle tickets, and the Extravaganza silent and live auction items.

The Extravaganza live auction was very exciting. NMDHA donated a Nambe plate with etching of adobe houses and hot air balloons and turquoise beads which sold for over \$500! Ester Wilkins was one of the last hygienists to leave the dance floor after the fundraising was over.

Unfortunately, there were only 94 eligible applications from the entire national organization for scholarships. Fifty-five scholarships were given totaling \$65,000. Two Community Service Grants were also given totaling \$3,810. **District IX (NM, TX, and OK) was well represented with 7 students receiving awards! New Mexico had two recipients- Josie Garcia and Carla Gutierrez from UNM!** Please congratulate these two winners.

ADHA has changed the scholarship timeline: Applications will be available Oct 1, deadline is Feb 1, Recipients notified by June 30.

I encourage everyone to apply for either a scholarship or a grant.

*The ADHA Grant and Scholarship Review Committees discussed and approved a request for \$45,000 in funding for the ADHA Master file Project. For more information, contact Valoree Newton.

Valoree Newton, RDH, BS

NM ADHA IOH Liaison

Greetings NMDHA Friends and Members,

As we gather here to consider how the “changing face” of periodontal medicine affects our practice, I hope we will also draw some parallels to our association work. Just as we must integrate best research evidence with clinical expertise and patient values to form a diagnosis and treatment plan, we must also do the same for the health of NMDHA. When these three elements—evidence, expertise, and values—are integrated they form a “diagnostic and therapeutic” alliance that improves outcomes, for each of us, both as practitioners and association members.

Today we stand on the shoulders of members who have come before us. Because of their efforts, we now enjoy a higher quality of professional life. NMDHA’s 2008-2009 focus will be to build on their accomplishments to provide access to care through serving the underserved and to maximize our extraordinary workforce (which is every one of you). Further, as your future association president, I hope to emphasize good governance, strategic thinking and planning at the board and committee levels, clear and transparent communication with you, our members and finally, doing what matters at every level of NMDHA.

Ours is a profession in transition. I believe that learning new ways of conducting our association’s business will help us not only to survive the evolutionary process but also to assume a leadership role in it. Working “on” dental hygiene is as important and dynamic as working “in” dental hygiene! Through this work, we will see positive results for us individual professionals and for NMDHA as a whole.

Our association work is directly tied to excellence in clinical skill and relationships with colleagues, patients and communities. I hope that others of you are, like me, feeling rejuvenated in your careers. If you are, you will benefit by adding community engagement training, diversified involvement, and an attitude of possibility—all of which are part and parcel of your NMDHA membership. And if you are feeling less than rejuvenated lately, I ask you to consider getting involved anyway. You will be amazed at how working together toward common goals will re-energize you.

The poem below, as quoted by Dr. L. D. Pankey, insightfully describes how I view the possibilities for NMDHA this year.

*There is a price to pay for education.
There is a price to pay for ignorance.
There is a price to pay for attending to good health.
There is a price to pay for neglecting health.
There is a price to pay for attending to relationships.
There is a price to pay for neglecting relationships.
There is a price to pay for love.
There is a price to pay for fear and hate.
We cannot choose whether we pay,
only for what!*

I hope you will join me in applying these beautiful words to our professional practice as well as our professional mission. Together, we can close the gap between what we know we can do as a collection of strong hearts and powerful minds but that we have not yet done. Our collaborative exploration promises to be exciting and productive. I am proud and grateful to join you on this journey.

Respectfully,
Joy Horn, MS, RDH
NMDHA President-Elect



Come one, Come All!

*See you at the 20th NMDHA
Annual Scientific Session & Business
Meeting*

October 17 and 18, 2008

*Marriott Albuquerque Pyramid North
5151 San Francisco Rd NE*

*12 credit education units plus great meals, snacks, and many
new and old friends*

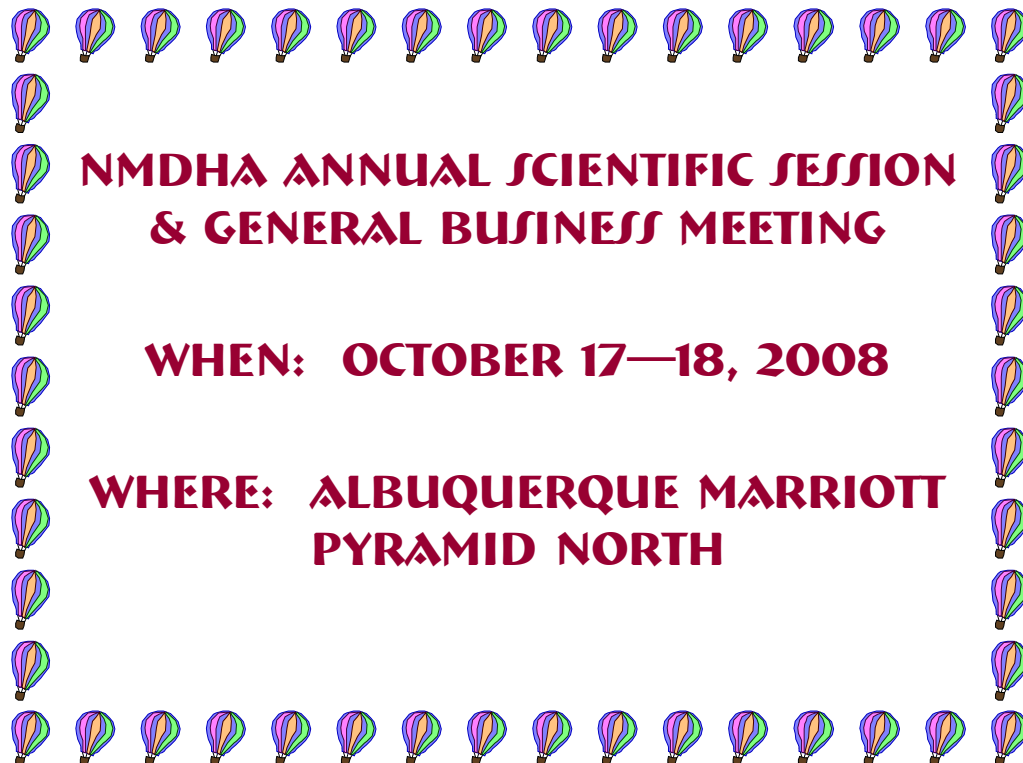
NMDHA
Phone: 505-332-1370
Fax: 505-883-7741
Email: kelly@nmdha.org

Check out the archived editions of
the Discloser at
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New Mexico Dental Hygienists' Association



The World is Run by People Who Show Up



NMDHA ANNUAL SCIENTIFIC SESSION & GENERAL BUSINESS MEETING

WHEN: OCTOBER 17—18, 2008

**WHERE: ALBUQUERQUE MARRIOTT
PYRAMID NORTH**

COMPONENT CORNER

NORTHERN

Contacts: Billie Driscoll at dricon@aol.com, or Cher LeFebvre
email: chersage@msn.com, Valoree Newton-
Valoree@nmdha.org

CENTRAL (HDDHS)

Trustees are: Irma Poblano, ipoblano@salud.unm.edu, Cindy
Vigil cindyv@nmdha.org and Mary Kaye Vigil
marykaye@nmdha.org.

SOUTHERN

Contact person for this component is Doris Baker. do-baker@zianet.com

EASTERN

Contact persons: Cindy Lakin celestiacim@3lefties.com
(Clovis). Other Eastern contacts are Jo Marquez, (Hobbs) email
vimarg@aol.com and Becky Fierro, (Carlsbad) misbeckyfi-erro@yahoo.com Tammy Teague, (Hobbs).

Component meetings will be posted at the calendar of
events on our web site.

Inquiries notify Cindy Vigil at cindyv@nmdha.org visit:

www.nmdha.org



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