

# THE DISCLOSER

**INSIDE THIS ISSUE:**

<i>Diabetes Walk</i>	5
<i>Institute of Oral</i>	6
<i>Legislative Report</i>	2
<i>Orlando Report</i>	3
<i>President's Message</i>	1
<i>President 'Elect'</i>	7
<i>Sigma Phi Alpha</i>	4
<i>Special Olympics</i>	6
<i>Students &amp; SJC</i>	8 & 9

**CALENDAR OF EVENTS**

- 10.20-21.06**  
**What:** Scientific Session  
**Where:** Marriott, Louisiana and I-40  
**Contact:** [marykaye@nmdha.org](mailto:marykaye@nmdha.org)
- 10.27.06**  
**What:** DH Committee/Board Mtg.  
**Where:** Best Western Mesilla Inn Las Cruces  
**Time:** 9:00 am  
**Contact:** [lahoward@msn.com](mailto:lahoward@msn.com)
- 10.28.06**  
**What:** Healthy Smiles Clinic  
**Where:** UNM Dental Hygiene Clinic  
**Time:** 8:00-3:00  
**Contact:** [lisa@nmdha.org](mailto:lisa@nmdha.org)  
 or [kitty1rdh@aol.com](mailto:kitty1rdh@aol.com)  
**VOLUNTEERS ARE NEEDED**
- 11.7.06**  
**What:** HDDHS Mtg.  
**Where:** CNM/TVI 5600 Alameda, NE (Alameda & I-25)  
 "The Effects of Meth are Crystal Clear" by Ann Scott, RDH, MS©  
**Time:** 6:00-7:30 Dinner available for \$5.00  
**Contact:** [lisa@nmdha.org](mailto:lisa@nmdha.org)  
 See [www.nmdha.org](http://www.nmdha.org) Events Calendar for other HDDHS meetings
- 1.26.07**  
**What:** DH Committee/Board Mtg.  
**Where:** 2550 Cerrillos Road Santa Fe, NM  
**Time:** 9:00 am  
**Contact:** [lahoward@msn.com](mailto:lahoward@msn.com)

The Discloser, the Journal of the New Mexico Dental Hygienists' Association, is printed three times a year for members and once a year to all New Mexico hygienists. Submit suggestions, letters, or inquiries to: Linda Trujillo [trujilloabqbc@worldnet.att.net](mailto:trujilloabqbc@worldnet.att.net) Glenelle Butler [glenelle@nmdha.org](mailto:glenelle@nmdha.org)



**PRESIDENT'S MESSAGE**

Kelly Valdez-Ayres, RDH, BS

I had, or should I say, I created the opportunity to attend the ADHA Annual Session in Orlando this summer. Just in case you were wondering, by opportunity, I mean that I was able to take time off of work, save money for airfare, Session fees, President's Luncheon, IOH Gala, and miscellaneous expenses (I took almonds and V-8 for snacks). NMDHA delegates Lisa E. & Jennifer shared their room with me. Every moment was worth it. At this time, NMDHA budgets only for the delegates, who share the hotel room. I did not attend any of the continuing education courses this time, but I hope to in the future. I was able to go to the Table Clinics & Poster Sessions, which were incredibly informative. Way to go, Cammie & Brittany of San Juan College! ADHA Annual Session is a wonderful experience which we can all take advantage of. I was happy to see quite a few other New Mexican dental hygienists there who were attending many of the CE offerings.

The week is *packed* with different business meetings, legislative sessions, special interest workshops and networking. The ADHA Annual Session is an occasion to gain knowledge and experience. Disseminating that knowledge now becomes the challenge. Cindy Purdy, Mary Kaye Vigil, and Lisa Esparza have given you some great insight into the events of the session. You can read more about the political affairs and decisions in the delegates' report, and of course, online at the ADHA website.

I was privileged to attend the Student House of Representatives (SHOR) with the District IX and NM students. Talk about an energetic group! It was a revitalizing experience to be with the students and the exemplary SADHA advisors, one of whom was New Mexico's Evelyn Hobbs. I want to give a *great big thanks* to Dr. Steven Cassida and his wife, who so generously provided their Orlando condominium to the SJC students. Now that's community support!

We will be posting more pictures soon on the NMDHA website. Meanwhile check out ADHA's link to the photos and summaries of the events.

The time is fast approaching for the NMDHA 18<sup>th</sup> Annual Scientific Session and General Business Meeting. This is the 18<sup>th</sup> session since NMDHA decided to sponsor its own relevant continuing education courses. NMDHA's first meeting was actually in 1959, when it was chartered. So this will be the 48<sup>th</sup> business meeting. I encourage all of you to attend, come with a friend. Join us for breakfast (available for business meeting attendees) and learn about current issues and more importantly, give your feedback. Let the BOT know what you are thinking and doing!

See you soon,  
 Kelly Valdez-Ayres, RDH, BS

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**LEGISLATIVE REPORT**

**BY BARBARA POSLER, RDH  
NMDHA, LEGISLATIVE CHAIR**



*Legislative Update*

Dianne Orrell-Lopez was appointed by the governor to serve on the Dental Hygienists' Committee, succeeding Glenelle Butler. She is representing District III which includes Bernalillo, Valencia, and Torrance counties.

The next meeting of the Committee and Board will be Friday, October 27, 2006 in Las Cruces. This is a great opportunity for hygienists in the southern part of the state to see your regulatory committee in action.

The last few months have been busy in preparation for the 2007 legislative session that will convene on January 16 for a sixty-day session. Interim committees are meeting, hearing testimony from state agencies, organizations and citizens in order to prioritize its legislative agenda.

NMDHA presented to the Health and Human Services interim committee on August 29th in Silver City, regarding the state of Collaborative Practice in New Mexico. Paula Jenkins, RDH from Silver City, presented her experiences as a collaborative dental hygiene practitioner.

The Governor's Oral Health Council presented to the same committee on September 26 at the capitol. One of its recommendations is for a memorial to study a mid-level dental provider (Advanced Dental Hygiene Practitioner). Another is to change the state statute to allow a dental hygienist to apply fluoride outside of general supervision or collaborative practice. As it currently stands, an employee in a medical practice can apply fluoride varnish to a child's teeth but a hygienist cannot.

Reserve Friday, February 9, 2007 to attend the annual NMDHA Lobby Day at the state capitol. It is a great opportunity to meet with your legislators to discuss oral health issues. More information will follow as the time approaches.

Most importantly, be sure to VOTE in the upcoming election.

Barbara Posler, RDH  
Chair, Council on Regulation and Practice

# NMDHA IN ORLANDO

By Lisa M. Esparza, RDH, MS

The New Mexico Delegation returned from the 2006 ADHA Annual Session in Orlando, FL. The American Dental Hygienist Association (ADHA) considers New Mexico a progressive state with energetic and enthusiastic members. Your NM delegation continued that tradition of “hygienists on the move” with the only goal in mind quality being **oral health for everyone**.

This year the delegation of Mary Kaye Vigil, RDH, BSDH, Lisa Esparza, RDH, BS, MS, Cindy Purdy, RDH, BS and Jennifer Archuleta, RDH, BS served as NMDHA, District IX representatives and were joined by Kelly Valdez, -Ayres, RDH, BS, Evelyn Hobbs, RDH, MEd, Barb Posler, RDH, Patty Price, RDH, MEd, Kitty Rivera, RDH, Norma Sommers, RDH and Diana Brent, RDH. These members attended the House of Delegates, professional issues forums, panel discussions and reference committee hearings. The issues on the ADHA Agenda for 2006-07 were the national dental hygiene examination, dental hygiene portfolios, clinical practice guidelines, feasibility study on credentialing and the curriculum and legislative advancements with the Advanced Dental Hygiene Practitioner (ADHP). This is an exciting time for dental hygienists across the country and if you want more information on a particular topic from this session contact Mary Kaye [marykayevigil@aol.com](mailto:marykayevigil@aol.com) or Lisa [Lmeloveyersmile@aol.com](mailto:Lmeloveyersmile@aol.com) for more details.

ADHA District IX Student Delegate, Michelle Rigsby, from the University of New Mexico and Alternate Delegate Carrie Juckes, from San Juan College were selected to serve as your student voice to ADHA House of Delegates. These delegates were charged with investigating four professional issues concerning their profession and practice of dental hygiene as well as learning the internal business of their national professional association. Michelle and Carrie researched the issues and utilized their leaderships skills to debate and produced fruitful outcomes in order to ensure quality oral healthcare. San Juan College also had the privilege and honor of sending seven SADHA members to participate in Student Table Clinics. Congratulations to Cami and Brittney for their presentation on the Miswalk Stick. Josalyn and Tabatha were nominated and chosen to participate in two focus groups concerning the future of dental hygiene and all seven SADHA members Michelle, Carie, Josalyn, Konnie, Tabatha, Nestina and Jeannie attended the ADHA Student House of Representatives caucuses, meetings and deliberations. NMDHA President Kelly Valdez-Ayres, RDH, BS served as the District IX Student Liaison and provided the students with guidance throughout their Annual Session activities.

New Mexico is part of District IX along with the states of Oklahoma and Texas. This year District IX received one award, NM two awards and Texas had three recognitions. The Institute for Oral Health (IOH) gala theme was “Hats off to You” which thanked all members and potential members for supporting the foundation that provides scholarships and research grants to fellow dental hygienists. The San Juan College students were fortunate to be sponsored by the Sunburst Dental Company and thoroughly enjoyed the festivities. The night was topped off with the announcement that Esther Wilkins, RDH, DMD who endowed a \$100,000.00 to the IOH to begin a dental hygiene student scholarship foundation. **THANK YOU Esther!!**

District IX's IOH award was for most dollars raised per the most participating contributors and NMDHA received a third place award for Individual Donations! Hats off to Carol Hanson, RDH, BS, NMDHA's IOH Liaison for her effort throughout the year to raise donations from all our generous NM hygienists. Carol and Barb also sold “Got Floss” tees at the ADHA Marketplace to raise money for IOH. Thank you ladies for your commitment to New Mexico dental hygiene undergraduate and graduate students.

Evelyn R. Hobbs, RDH, MEd, received the 2006 ADHA SADHA Advisor of the Year award at the Opening Ceremonies. This award was well deserved and the presentation was even sweeter with Evelyn having eight of her students attend Annual Session. Evelyn, your mentoring of our future dental hygienists is a critical aspect of the progress of the NMDHA profession and we applaud her for her time and energy. Lorie Jones, RDH, BS from Texas received the Ester Wilkins Future Leader Award. This award is presented to a student who in five years from graduation has made significant contributions to their profession on a local, state and national level.

Appointments by the ADHA and approved by our ADHA President Katie Dawson, RDH, BS were Mary Kaye Vigil, RDH, BS to serve as chair of Reference Committee C, Lisa Esparza, RDH, BS, MS, Minutes Review Committee, Tobacco Cessation Task Force and Credentialing Feasibility focus group. Also Cindy Purdy, RDH, BS, Tabatha Neal and Josalyn Sewell were selected to participate in the Feasibility focus group. Josalyn was also chosen as a student representative to the ADHA Branding Campaign to discuss the student's view of their professional association.

The New Mexico Dental Hygienists continue to represent all hygienists with integrity and pride and we welcome your comments, questions and willingness to become a part of this delegation. Next year the ADHA Annual Session will be held in New Orleans, LA, June 20—27, 2007 mark the calendar and remember there is opportunities for all of us to be involved in NMDHA.

**SIGMA PHI ALPHA**  
DENTAL HYGIENE HONOR SOCIETY



**SIGMA PHI ALPHA** is proud to announce the induction of two new members from the 2006 graduating class of UNM. We welcome Johathan Frederiksen and Irma Poblano, and we congratulate them on a job well done. They excelled among their classmates in both academics and service-oriented extracurricular activities.

Between the plant sale at the NMDHA Midyear Meeting on May 5<sup>th</sup> and an extremely successful garage sale in June, our chapter is prepared to again offer good scholarships this Fall to deserving students. We recognize the following people as the fun and tireless work crew: Becky Gottheimer, James Davison, Josie Garcia, Jamie Menees, Melissa Gutierrez, April Navalesi, Judy Pederson, Shane Earle, Janelle Mancha, Dee Millard, Frank Goff and Tammy Bateson. We received contributions of "gently used treasures" from many friends and members, and at the end of the day, we had made over \$500. Thank you to all of you who worked, contributed sale items or were customers!

Our annual meeting will coincide as usual with the Fall Annual Meeting of NMDHA. Members should watch their mail during the coming weeks for the specifics as to time and place.

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Frank T. Chimisci, O.D.

Kay K. Puro, O.D.

David Magnus, O.D.

Kevin L. Morris, O.D.

In the Northeast Heights, at the NW corner of Eubank and Comanche



Jamie Menees' Driveway



Betty Ann Grogan, Melissa Gutierrez and Janell Lovin Mancha

# Remember Taking Your Boards

For most students, June is a relaxing month. Not many tests or papers due yet. However, if you went to Novitski hall June 24<sup>th</sup> and 25<sup>th</sup> you would have seen students anxious as they prepared to take their clinical WREB dental hygiene exam. The tension and anticipation were palpable as students and their patients buzzed about the room guessing what news they may hear in the weeks to come regarding their results from that day's performance.

NMDHA was there to ease the tension with services such as administration of local anesthesia a light breakfast, lunch and beverages for all candidates and their patients. Forty-six candidates were present for the exam spanning from Texas, Arizona, New Mexico and Florida. Ninety-two participants in total filled the clinic floor between the two days.

It was of great pride and pleasure for NMDHA to assist the candidates, their friends and families during an occasion for all of us to celebrate the accomplishments of our students completing a significant step in their future and have chosen to enter an important role in the oral health care profession.



Sincerely,  
Ani Humberson, RDH, MS  
Lisa Snyder, RDH, BS  
Council on Membership Services

## Diabetes Walk

Fall is just around the corner and that means the Walk for Diabetes will be here before you know it! This is going to be a whole new experience this year because both the location and the date have changed. It is going to be Sunday, November 5<sup>th</sup> at the beautiful El Pinto Restaurant.

Registration can be done on line at [diabetes.org/walk](http://diabetes.org/walk) by calling the NM Diabetes Association, by contacting Kitty Rivera at [kitty1rdh@aol.com](mailto:kitty1rdh@aol.com), or by signing up at NMDHA's Scientific Session. It doesn't matter how you register, just do it! Become a member of the "Gentle Hygienists" team today and do your part to support a wonderful cause.

## SPECIAL OLYMPICS SPECIAL SMILES IN FARMINGTON

Special Olympics Special Smiles was a great success here in Farmington this year!!! I really appreciate the dentists, hygienists, students, and friends and family members who volunteered their time August 12<sup>th</sup>! NMDHA President- Kelly Valdez-Ayres came up and calibrated the screeners and UNM SADHA Senior President- Jacob Kualapai came from UNM also! A special thanks to Evelyn Hobbs and Jocelyn Sewell for helping me organize the event. Altogether, we screened 100 athletes and made 59 mouthguards! Not too bad for the second year! I hope to see you ALL next year!!!!

Valoree Newton, RDH, BS NMDHA Secretary and 4-corners Invitational SOSS Coordinator



Paula Spaight, RDH, MS, Director of Dental Hygiene, SJC, Brittany Nichols, and Dr. Turnow.



Professor Evelyn Hobbs, RDH, MS students and Dr. Hilton



It takes a lot of preparation



Kelly Valdez-Ayres, NMDHA President



### ADHA Institute for Oral Health

"Leading the way through professional excellence in dental hygiene education and research."

The Institute for Oral Health (IOH) encourages and promotes professional excellence through scholarships and quality research in collaboration with the American Dental Hygienists' Association.

On June 23, 2006, at ADHA IOH Gala in Orlando, Florida, I had the privilege of accepting the Award for Third Place in Individual Donations! Congratulations New Mexico hygienists, thank you for your generosity, and a special thank you to Kitty Rivera for "passing the hat" at ALBUQUERQUE DAY and for selling raffle tickets at MAY DAY.

Be ready to bid for some wonderful items at the silent auction on Friday, October 20, 2006 during Scientific Session! Anyone interested in donating an item for the auction, please contact me at 898-6074.

Carol Hanson, RDH, BS  
IOH Liaison



## MESSAGE FROM THE PRESIDENT-ELECT

By Cindy Purdy, RDH, BS

Six days and nights at Disney World in Orlando, Florida! Who wouldn't sign up for that? No teeth to scale, no kids lunches to make, great mentors for travel companions and all the sleep I could catch up on. That was my initial reaction last fall when I discovered that the position of President-Elect for NMDA also obligated me to First Alternate Delegate. I would be attending my first ever ADHA Annual Session.

The precursor to Annual Session is attending and **participating** in the District IX Workshop in Dallas, Texas. There the New Mexico delegation met up with the delegates from Oklahoma and Texas. For two solid days we hammered through topics of monumental concern for dental hygienists regarding substance abuse, oral piercing, post natal stem cell research, dental examinations to coincide with school immunization requirements and much more. The two things I quickly learned was that when it came to the amount of required work, there was no difference between an Alternate Delegate, Student Delegate and a Delegate! I was quickly regarded as an equal to all those whom I considered to be mentors. The second most impressive aspect of my experience was the depth of preparedness and dedication these hygienists felt as representatives of their state's membership. They came with laptop in tow, ADHA Policy Manual in hand and homework DONE! My head had a dull ache on the flight home. I was experiencing a sense of accomplishment but also a realization that it was back to the drawing board for many topics before I was going to have the opportunity to make a wish upon a star at Disney World.

Orlando did not provide fun and sun as I had expected, but presented with wetness and workshops. We experienced torrential rains almost the entire time but due to the stimulation and buzz from within the conference center, our spirits could not be dampened. There were Legislative Networking Sessions, Public Relations Workshops, Membership Sessions, and Strategic Planning Seminars, along with candidates' presentations for office elections and more huddles with our District IX Delegates. All of this was in addition to reference committees regarding the twelve new Proposed Resolutions and five bylaws changes, oh, and let's not forget the two full days of the House of Delegates.

I will tell you that there was a fair share of fun at the Presidents luncheon and evening Gala but Mickey and Minnie will have to wait to shake it up with me for another time. I thank you for the honor of representing you at the ADHA's 83<sup>rd</sup> Annual Session.





Cammie Martinez and Brittany Nichols, recent graduates of San Juan College, presented their Table Clinic on **MISWALK STICK**. Go ahead and look it up, I had to.



## Access features

Carey A. Webb, UNM Student

Hope you have read your Sept.—Oct. Issue of Access. There is an article on page 8 titled JOURNEY OF A DENTAL HYGIENE STUDENT. Carey presented a very inspiring story of how she has gotten to this point in her journey.

She is a senior at UNM and is eagerly looking to her own future in dental hygiene as well as the future of the profession.



## END OF TWELVE YEARS OF SERVICE

Glenelle Gray Butler, RDH, BS, completed her term on the Dental Hygienists' Committee and the Board of Dental Health Care June 30, 2006 completing twelve years of service under three governors. She has been chairman of the committee for nine years, proving to be an efficient and diplomatic administrator, well respected by the entire board and staff.

Thanks in large part to Glenelle's efforts, New Mexico was the first state to attain autonomy in the form of self-regulation for dental hygienists. The dental hygienists committee is comprised of five dental hygienists representing five districts of New Mexico, two dentists elected from the Board, and the two consumer representatives, all governor appointed positions. The committee is charged with the licensing and regulation of dental hygienists as well as protecting the public.

As a member of the committee, Glenelle has also served on the complaint committee of the Board and Committee, on the task force to write the rules for collaborative practice, and as an examiner of the Western Regional Examining Board (WREB). From 1994 to 2003, she served as one of the two dental hygiene representatives to the Board of Dental Health Care with full voting powers. Glenelle is also a member of the American Board of Dental Examiners.

Glenelle recently reduced her working schedule from four days to one day as a clinical dental hygienist, but will continue to be a WREB examiner, which requires traveling to any one of the eleven participating WREB states.

According to Glenelle, the best part of her experience has been seeing the positive effects of self-regulation. She has been part of the committee from its inception, and has helped it get established and working. Her advice to all hygienists is to be watchful and alert to what is happening and affecting our profession; to exercise our autonomy, or risk losing it. "It has been a challenging and time-consuming experience." Glenelle says she has enjoyed working with all of the members and will continue to be available should they need any of her advice or assistance.

Glenelle is a UNM graduate, and resides in Albuquerque with her husband, Gene. She has two daughters, MarJane and Jennifer, seven grandchildren and two great-grandchildren.

The New Mexico Dental Hygienists' Association thanks Glenelle for her untiring years of service on the Committee and Board.

## NEWS FROM SAN JUAN

What does ADHA mean to you? For eight students at San Juan College it means much more than annual fees, occasional meetings and CE courses. ADHA has become our guiding light and our foundation to stand on. While at the annual session our students participated in several activities. Cammie Martinez and Brittany Nichols presented a table clinic on the Miswak and received high marks. Carrie Jukes was the district alternate student delegate and attended Student House of Representatives (SHOR) and House of Delegates. All students attended SHOR and Nestina Duncan acted as a page during the meeting. Jeannie Elder and Konnie Richards attended a Student Issues Forum and the Exhibits. Tabitha Neal and Joslayn Sewell were selected to participate in the ADHP feasibility panel discussion. Josalyn also participated in the "branding campaign". Sunstar Butler sponsored five of the students to attend the Institute of Oral Health Gala.

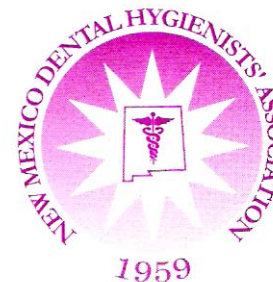
We didn't get to the meeting on our own merits. We would like to thank the Class of 2007 for their time spent fundraising and allowing us to reap the benefits. We love you guys! We would also like to thank Dr. Steven Cassida, DDS for providing a time share for us to stay in for the duration of the trip. This experience taught us the importance of ADHA membership, legislative involvement, and most importantly provided the opportunity to make life-long friendships.



*Konnie Richards, Tabitha Neal, Carrie Jukes, Professor Evelyn Hobbs, Josalyn Sewell, Jeannie Elder, & Nestina Duncan*



*Nestina Duncan, Konnie Richards, Tabitha Neal, and Carrie Jukes  
at House of Delegates*



## COMPONENT CORNER

### NORTHERN

Billie Driscoll is President. If you would like to become involved in planning with the Northern Component contact Billie at [dricon@aol.com](mailto:dricon@aol.com). Cher LeFebvre is the Northern Trustee. Her email is: [chersage@mindspring.com](mailto:chersage@mindspring.com)

### CENTRAL (HDDHS)

Lisa Esparza will be serving as President. Contact her at [lmloveyersmile@aol.com](mailto:lmloveyersmile@aol.com). Trustees are: Joyce Horn [smilewithjoy01@comcast.net](mailto:smilewithjoy01@comcast.net), Ann Scott [anscott@salud.unm.edu](mailto:anscott@salud.unm.edu), Norma Sommers [mjsommers72@comcast.net](mailto:mjsommers72@comcast.net) and Lisa Snyder [greatsmile@comcast.net](mailto:greatsmile@comcast.net) A flyer has been mailed out with the meeting dates and topics. If you misplaced yours go to the website for NMDHA (address below).

### SOUTHERN

Carmen Hernandez was elected to serve as Trustee. Another contact person for this component

is Doris Baker and she can be contacted at [dobaker@zianet.com](mailto:dobaker@zianet.com) Officers are currently being organized. **Volunteer to help!** Watch website for meetings.

### EASTERN

Cindy Lakin is President, you can contact her at [celestialcim@3lefties.com](mailto:celestialcim@3lefties.com) (Clovis). Other Eastern contacts are Jo Marquez, (Hobbs) email [vimarq@aol.com](mailto:vimarq@aol.com) and Becky Fierro, (Carlsbad) [misbeckyfierro@yahoo.com](mailto:misbeckyfierro@yahoo.com) Tammy Teague, (Hobbs), serves as Eastern's Trustee. When a meeting is scheduled you will receive a flyer in the mail AND it will be on the web site.

Component meetings will be posted on our Web Site **if you notify us**. So visit:

**[www.nmdha.org](http://www.nmdha.org)**

It is time for us to  
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Healthy Smiles  
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October 28th.

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[kitty@nmdha.org](mailto:kitty@nmdha.org)

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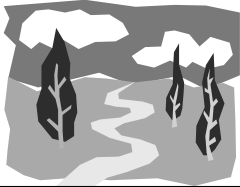


Exciting news! The NMDHA e-news in the form of a "List-Serve", or "Constant-Contacts" e-mail, is soon to be launched. Numerous people have already sent in their e-mail addresses for this service. You'll want to be included to get current listing of happenings and information, so be sure to send NMDHA your email address.

Many of us have moved, or have new phone numbers, e-mail address, or, even changed our names. Some people have even added new credentials! **So, please update any changes.** If you know of anyone who is not receiving our mailings or notices, please notify them to contact us. This request is to all New Mexico registered dental hygienists.

Submit the information to [Glenelle@nmdha.org](mailto:Glenelle@nmdha.org)

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