COMPREHENSIVE LEVEL I & LEVEL II: OROFACIAL MYOLOGY COURSE

SEPTEMBER 9 – 14, 2013
28 HOURS OF CONTINUING EDUCATION CREDITS – LEVEL I
16 HOURS OF CONTINUING EDUCATION CREDITS – LEVEL II
MESA, ARIZONA

Course Faculty:
Kimberly K. Benkert, RDH, BSDH, MPH, COM (lead instructor)

ACTIVITY DESCRIPTION:

Level I:
This course provides a comprehensive evidence-based didactic and clinical learning experience presenting philosophies, principles, and insight into the specialty treatment area of Orofacial Myology as practiced on a global basis. The Level I course emphasizes the comprehensive assessment, diagnosis, treatment planning, implementation of therapeutic techniques, and evaluation of orofacial myofunctional disorders. Included are resting postures of the tongue, lips, and mandible; the dental freeway space; correct mastication and deglutition; and functional tongue/jaw patterning for speech readiness. A “Quit in a Day” oral habit elimination program for non-nutritive sucking habits is presented along with basic practice management and billing information.

Level II:
This course provides a continuation on an intermediate level to the Level I Comprehensive Orofacial Myology Course. The focus is an expansion of skills and knowledge in a comprehensive and intensive didactic and clinical learning experience. The focus expands on the assessment, diagnosis, treatment, and evaluation of orofacial myofunctional disorders; collaborative treatment for muscular temporomandibular joint dysfunction; and identification and collaborative treatment of parafunctional orofacial and oral related habits practiced on a global basis.

LEARNING OUTCOMES: LEVEL I
As a result of this learning activity the participant will be able to:
• Explain the historical background and ethical principles of treating orofacial myofunctional disorders & muscular temporomandibular joint disorders
• State the ADHA Policy on OMD/TMD, IAOM Code of Ethics & Certification Process to become a Certified Orofacial Myologist (COM)
• Define orofacial myofunctional disorders, oromotor dysfunction, functional dysphagia, muscular temporomandibular dysfunction, & orofacial parafunctional habits
• Review basic histology, embryology, anatomy, and physiology of the orofacial complex, temporomandibular joint region, airway spaces, nasal breathing, chewing, swallowing, and speaking mechanisms
• Discuss interferences and intervention issues related to a patent airway
• List the nerves & muscles most often involved in treatment
• Review Angle’s classifications of dental occlusion
• Discuss structural (form) versus environmental (function) etiologies in OMD and malocclusions
• Explain etiological contributing factors involved in orofacial myofunctional & oromotor muscular dysfunction
• Discuss accepted norms for speech development
• Evaluate orofacial & oromotor centric resting postures & functional deviations
• Demonstrate the processes for correct mastication, bolus formation, saliva & food transfers, deglutition patterns, and identify deviations
• Conduct a comprehensive orofacial myofunctional examination and perform an oral cancer screening utilizing quantitative measurements and qualitative data
• Formulate a comprehensive orofacial myofunctional diagnosis
• Develop a treatment plan for a therapeutic program based on quantitative and qualitative data
• Analyze therapeutic principles and techniques utilized in correcting orofacial muscle dysfunction and muscle pattern deviations of orofacial resting postures, chewing & swallowing patterns, & functional speech tongue placement patterning
- Demonstrate therapeutic exercises and neuromuscular facilitation techniques for treatment of orofacial myofunctional/oromotor disorders and functional dysphagia
- Evaluate the habitation process and development of muscle memory
- Compare and contrast evaluation techniques for assessing outcomes of quantitative and qualitative data
- Implement the components and techniques of a successful parafunctional, non-nutritive sucking (thumb, fingers, etc) elimination program
- Discuss orthodontic interventions and treatments utilized with various malocclusions
- Employ motivational techniques for increased patient/client compliance
- Implement aseptic techniques for infection control
- Interpret issues related to patient/client case management, legal aspects of record keeping, & documentation
- Discuss regulatory & basic reimbursement issues related to third party payers
- Integrate a multidisciplinary team approach to providing treatment
- Discuss patient and professional practice promotion & marketing techniques

LEARNING OUTCOMES: LEVEL II
As a result of this learning activity the participant will be able to:

- Explain ethics and professional responsibilities of treating (OMD) orofacial myofunctional disorders and (TMD) temporomandibular muscle dysfunction
- Measure Range of Motion (ROM) patterning of the mandible
- Identify deviations in orofacial myofunctional resting postures, chewing, swallowing, and speaking patterns
- Assess and measure labial and lingual frenums for restrictions & ankyloglossia
- Assess the orofacial, head & neck musculature
- Evaluate the intra- and extra-orofacial/dental impact of parafunctional habits
- Compare and contrast treatment options for orofacial myofunctional & TMD muscular disorders
- Formulate treatment planning based on diagnostic subjective & objective data
- Analyze therapeutic principles and exercises techniques for an effective orofacial and/or oral related parafunctional elimination program
- Demonstrate principles & techniques for eliminating ROM patterning deviations
- Analyze neuromuscular facilitation techniques for orofacial/oromotor therapy
- Perform therapeutic techniques for the head & neck region
- Evaluate implementation processes for developing a patient/client centered treatment program
- Distinguish elements and techniques for achieving a successful habituation process
- Evaluate treatment outcomes based on subjective data & objective measurements
- List follow-up protocols & techniques to increase compliance
- Analyze techniques for working with special needs populations
- Dissect case presentations for critical thinking & problem solving skill enhancement
- Assess patient/client case management issues
- Evaluate treatment timing issues in multidisciplinary treatments
- Explain regulatory aspects, record keeping, and documentation
- Interpret billing and coding/nomenclature issues related to third party payers
- State effective practice promotion & marketing techniques for clinical services
- Illustrate the basics of clinical photography, video, and other forms of documentation
INSTRUCTIONAL PERSONNEL:
Kimberly K. Benkert, RDH, BSDH, MPH, COM
Midwest Orofacial Myology

Kimberly Benkert is a graduate of Loyola University, College of Dentistry with a BS degree in Dental Hygiene, a Masters of Public Health in Health Policy and Administration from the University of Illinois-School of Public Health, and Certified in Orofacial Myology through the International Association of Orofacial Myology. She is a former faculty member at the University of Illinois-College of Dentistry, Kennedy King Dental Hygiene Program, a past President of the American Dental Hygienists’ Association, the Illinois Dental Hygienists’ Association, and the West Suburban Dental Hygienists’ Society. Kimberly holds a Fellowship in Orofacial Myology with the American Academy of Dental Hygiene. She is a recipient of many awards including the ADHA/J&J Award for Excellence, the ADHA/Discus Dental Distinguished Service Award, the IAOM Connie Painter Award for Outstanding Achievement, and the IDHA Award of Merit. She has been teaching training courses and lecturing on functional dysphagia, orofacial myofunctional disorders, oromotor imbalances, digit sucking, bruxism, parafunctional habits, muscular TMD, and ergonomics since 1982 on a national and international basis. She maintains two clinical therapy office locations in the Chicago metro-suburban area.

Upcoming Course Locations/Dates: See IAOM website at www.iaom.com

Level I, Level II and Level III Courses & Internships may be arranged for a 1:1 training experience:
Dates and scheduling arranged through MYO USA, Inc. (see contact information below)

This course is offered for 2.8 ASHA CEUs (Introductory Level, Professional area).
This course is offered for 1.6 ASHA CEUs (Intermediate Level, Professional area).

Disclosure Statement:
Kimberly K. Benkert, RDH, BSDH, MPH, COM, is the Owner of Midwest Orofacial Myology / MYO USA, Inc.
Disclosure:
Financial — MYO USA, Inc. is the US and Canadian distributor for the MYO Munchie USA, Inc. peri-oral, oromotor chewing brush appliance. Patents held by Kevin Bourke, DDS, Australia.
Nonfinancial — Insurance Committee: International Association of Orofacial Myology; Legislative Chair: Illinois Dental Hygienists’ Association. Receives no compensation as member of these committees.
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COURSE ENROLLMENT:

To enroll in this course, please call:
Mesa Community College Continuing Education at (480) 461-7493

Contact Information (Please type name exactly as it should appear on course certificate):
Name/Credentials: (RDH, DDS, SLP, COM) ______
Address: ______
City, State, Zip: ______
Phone: ______ Email: ______
State/License Number: ______
Professional area: ☐ Dental Hygiene ☐ Dentistry (List specialty area): ______
☐ Orofacial Myology ☐ Speech Pathology ☐ Other (List): ______

Tuition: $1,999.00

Mesa Community College Cancellation Policy:
REFUNDS: A full refund will be given if the student officially withdraws at least 48 hours prior to the start of class. Withdrawals made less than 48 hours prior to the start of class will be assessed a $15.00 processing fee. NO REFUNDS WILL BE GIVEN AFTER THE START DATE. To officially withdraw from class, please call 480.461.7493.

Course Schedule
Monday, April 29 • 8:00am – 5:00pm
Tuesday, April 30 • 8:30am – 5:00pm
Wednesday, May 1 • 8:30am – 5:00pm
Thursday, May 2 • 8:30am – 5:00pm
Friday, May 3 • 8:30am – 6:00pm
Saturday, May 4 • 8:30am – 6:00pm

All meals are on your own.

Meeting Location: Mesa Community College: Downtown Center Campus
165 N. Centennial Way
Mesa, Arizona 85201

Hotel: Several hotels in the area; Phoenix Marriott Mesa is across the street from the course:
200 North Centennial Way, Mesa, AZ 85201
Phone: (480) 898-8300
www.marriott.com

Airports: Phoenix Sky Harbor International Airport (PHX)

Attire: Business casual/casual

Questions: Contact Rachael Wenzl at (708) 805-3846 or kbenkert@gmail.com

MYO USA, Inc. • 450 Whittier Avenue • Glen Ellyn • IL • 60137
Email: kbenkert@gmail.com • Phone: (708) 805-3846 • Fax: (630) 790-5517