



Lancette VanGuilder, RDH, BS

Lancette graduated with her dental hygiene degree from the University of South Dakota in 1995. She has expertise as dental hygiene faculty with public health programs, periodontics and local anesthesia. She has facilitated strategic planning, legislative efforts and leadership training for dental hygiene associations in 6 states and has worked with legislators in Nevada and Washington DC on access to care issues. Lancette is a past president of the Nevada Dental Hygienists Association and is a past recipient of the Nevada Dental Hygienist of the Year award. She has also recently served for 4 years on the ADHA Board of Directors and currently serves on the ADHA

Leadership Development Committee.

Currently, Lancette works as a clinician in private practice, in the corporate world as a professional educator, as a public health dental hygienist and is a member of the Premier Dental Professional Speaker Bureau. Lancette also launched a nonprofit school-based oral health program in rural communities in northern Nevada in 2016. In this current school year alone, her program may reach over 10,000 students ranging from age 4 to age 20. She has the opportunity to work independently and provide all dental hygiene services to underserved populations with her Public Health Endorsement. Her experience in dental hygiene education, leadership and clinical practice has enabled her to develop CE courses that are relevant for the entire dental team.

Dental Hygienists: Essential Primary Care Providers

Dental hygienists are primary preventive oral health care providers, with the education and licensure required to provide preventive and therapeutic care to the public. There is a demand and severe need for the services that may be provided by the dental hygienist. In addition, the ever-evolving healthcare landscape, the expansion of healthcare coverage, increased research with the oral systemic link and the epidemic of inflammatory and chronic diseases are reinforcing that optimal oral health is a key component for optimal overall health.

In this course, you will learn how to better implement the dental hygiene process of care for optimal delivery of dental hygiene services. It will also provide a global perspective, exploring various practice settings: private, corporate and public health.

States across the country are moving to expand the dental hygiene scope of practice, increase practice settings and introduce mid-level dental hygiene providers. Learn how to develop your own brand and maximize your opportunities.

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Julie Seager, RDH, BSDH

Julie Seager is an informed and engaging speaker with over 25 years in the dental industry. She blends real-world experience and evidence-based clinical information so her audiences can put to good use what they learn in her fun and thought-provoking courses. She is a published author about xylitol and sugar substitutes.

Julie is sponsored and employed by Xlear, Inc as the Western Regional Education Manager, representing both Spry and Xlear Xylitol products. She lives in Sacramento, California where she also uses her “passion for prevention” to help encourage her dental hygiene patients toward achieving improved oral and systemic health.

I Can Breathe Clearly Now!
Protect Yourself and Your Patients with Xylitol

We know now more than ever that health begins right up front - with the nose and mouth being the gateways to our body. As oral-systemic health care providers dental professionals have an obligation to patients to continue gaining greater knowledge on how to achieve a healthy communal microbiome between the mouth and the upper respiratory tract.

This course will first include an overview of xylitol’s role in oral health then delve into the multidimensional benefits of using xylitol in the nasal and sinus passages and why use of Xylitol Nasal Spray and Sinus Irrigation products is revolutionary approach to keep healthy during cold, flu, and allergy seasons.





REBECCA HOWARD, RDH, BS

Rebecca Howard graduated from Northern Arizona University with BS in Dental Hygiene in 1976 and has been a licensed dental hygienist practicing clinical dental hygiene in Arizona, California and New Mexico. She was first licensed in New Mexico in 1986 and had the good fortune to practice in a periodontal practice located in Santa Fe, New Mexico and in the satellite office located in Los Alamos, New Mexico for a total of 36 years. Rebecca was appointed to the New Mexico Dental Hygiene Committee in 2003 and served a total of 10

years, 7 years as the Committee chair. She also served on the New Mexico Board of Dental Health Care for 10 years as a professional member. She has been a Western Region Examining Board examiner since 2004, serving as an examiner, team captain and past chair of the Dental Hygiene Committee.

Rebecca has a passion for public service including ensuring licensees are knowledgeable and safe in their practice.

Your Rights and Responsibilities as a Dental Hygienist Licensee

Most of us likely have a good idea of what our Practice Act allows us to do as licensed Dental Hygiene practitioners. However, what happens if there is a complaint filed against your license? Do you know where to find your rights as a license holder? What does the New Mexico Dental Hygiene Committee and Board of Dental Care do besides grant us a license?

As a former member of the New Mexico Dental Board and past chair of the Dental Hygiene Committee, Rebecca Howard will answer those questions and more. She will shed some light on and share some insight into how to better navigate the state Practice Act and rules, as well as the state agency that grants us the right to fair treatment. After this course you will have a better understanding of the responsibility of a being a license holder and the resources available to you.



AMBER LOVATOS, RDH, BSDH

Amber is the Clinical Director of Dental Services at TOMAGWA HealthCare Ministries, a non-profit medical and dental clinic. She is also an adjunct assistant professor at The University of Texas School of Dentistry at Houston, Key Opinion Leader for Crest Oral-B and NSK, Government Affairs consultant for MouthWatch, and national speaker. She is the co-founder of Dental Hygiene Spark, a social media platform dedicated to empowering dental hygienists.

She is a member of several professional associations including the American Dental Hygienists' Association and has held many leadership positions. She is currently Membership Director for the Texas Dental Hygienists' Association's and the Immediate Past President for the Greater Houston Dental Hygienists' Association, the largest component in the ADHA.

MAKING AN IMPACT NOW: COMMUNITY-BASED DENTAL CARE

As dental professionals we are wired with the desire to make an impact in our community, but often do not know where to begin. This course will provide the learner with strategies for implementing community outreach initiatives. It will also educate the learner on the variety of public health settings, as well as barriers facing the community and providers seeking to make an impact. Included in this course are examples of outreach initiatives implemented to address disparities such as disabilities, geographical barriers, language, cost, and low health literacy. This course also includes basic grant writing tips for dental professionals interested in obtaining funding for their outreach initiative.

Attendees will learn to plan and implement community outreach initiatives, and to describe community-based dental care. Learn to differentiate between non-profit and federally qualified health centers.

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Justine E. Ponce RDH, MS

Justine is an Assistant Professor and Junior clinic coordinator at the University of New Mexico. She is a member of the Sigma Phi Alpha dental hygiene honor society, the American Dental Hygienists' Association and currently Chairs the position of Member Services for NMDHA. Justine has found an interest in ergonomics and musculoskeletal disorders since early in her education which has continued beyond graduate school. Justine received the Irene Navarre Advancement Award while in school. She also has research published in the *Journal of Dental Hygiene*.

Musculoskeletal Disorders: Still a Pain in the Neck

As dental professionals we pledge to serve our communities to the highest standards of our professional skills and knowledge. We take on day to day tasks, some days mentally challenged, some days physically challenged, but as you are caring for your patients what are you doing for *YOU*? As a health professional it is important to care for yourself to better provide the highest care needed for your patients. Ergonomics in the work place for a dental professional should involve strategic design and function to ensure better quality of life at work as well as outside of work. Yet, we still read and hear about fellow colleagues and close friends suffering from pain or job unfulfillment.

Attendees will hear an overview of ergonomics in the dental professional work place and how soon musculoskeletal disorders can arise, even appearing in our students. We will discuss the importance, care, and management of musculoskeletal pain and strategies to prevent and relieve it.