FRIDAY

WELCOME FROM NMDHA PRESIDENT
Elmer Gonzalez, RDH, MBA, PhD
Empower, Transform, Strengthen
Welcome and opening ceremonies will kick off Scientific Session 2019.

MYOFUNCTIONAL THERAPY: THE ROLE OF THE DENTAL PROFESSIONAL
Learn about palatal formation disorders, the long term skeletal implications of: open mouth posture, tongue thrust disorders, improper swallowing, compensatory breathing, and negative oral habit s. Learn how myofunctional therapy can help patients diagnosed with breathing disorders and/or Obstructive Sleep Apnea (OSA). This course will address recognition and treatment of tongue and lip ties, better known as TOTS or tethered Oral Tissues.

Sandrauz Gonzalez, RDH , BS is a Certified Orofacial Myologist practicing in Albuquerque and has advance training in treatment of myofunctional therapy including airway and sleep disorders, TMJ, cranial, head and neck pain.

FOCUS ON THE FUTURE: A PANEL DISCUSSION
An interactive panel discussion to share valuable insight into how dental hygienists could realistically make improvements to New Mexicans’ health, while adapting and advancing our profession. Based on the 2018 Symposium and resulting white paper.

Panel Participants: Christine Nathe, RDH, MS; Elmer Gonzalez, RDH, MBA, PhD; Vicki Pizanis, RDH, EdD; Barbara Posler, RDH.

CURRENT TRENDS IN PATIENT PAIN CONTROL: ANESTHESIA IN DENTAL HYGIENE
Learn about the folklore of pain and the need for sedation. This course will also discuss the increasing use of marijuana in New Mexico populations and its interaction with nitrous oxide sedation.

Jason Flores, DDS, MHA, RN attended dental school at UT Dental Branch-Houston and completed his specialty training in Anesthesiology at the University of Pittsburgh. He completed is Masters of Healthcare Administration and currently serves as Chief of the division of UNM Dental Medicine, clinical director in addition to other positions.

AMAZE WITH NIGHTLASE
Treating snoring and sleep disordered breathing such as apnea with dental lasers

This presentation will address airway problems, snoring, sleep apnea, UARS (upper airway resistance syndrome), and sleep disordered breathing. How to use NdYAG and Erbium YAG lasers to aid in treating these conditions.

Brian K. Dennis, DDS is a graduate of University of Minnesota School of Dentistry. He is a visiting Faculty Member of Spear Education, completing its curriculum in Airway Prosthodontics. He recently completed a year-long mini-residency in TMD and Sleep Dentistry at USC Herman Ostrow School of Dentistry. He has been in private practice in Albuquerque for over 35 years.

FRIDAY STUDENT BREAK-OUT SESSION
10:30 TO 12 NOON

SATURDAY

SOFT TISSUE RECESSION: WHEN AND HOW?
Not all recession defects need coverage. We will review the risk factors associated with recession progression. This helps to determine which patient is in need of augmentation. If someone needs grafting, we will review the surgical options available. This will help hygienists better communicate with their patients on what to expect.

Curtis Pino, DDS is a practicing periodontist in Albuquerque and a native New Mexican. He earned his dental degree from the University of Colorado and completed his periodontal residency at the University of Washington.

MARIJUANA: LEGAL, THERAPEUTIC AND CLINICAL CONSIDERATIONS FOR THE DENTAL PROFESSIONAL
Learn the impact of cannabis on patients, culture and healthcare, and especially its effect on oral tissues. Learn what legal considerations every dental professional should know.

Ermelinda Baca, RDH is a clinical practice hygienist and a UNM graduate. She also serves on the NM Board of Dental Health Care/Dental Hygienists Committee. She is the owner of Dragonfly Consulting specializing in practice management and CE course development.
REMINDERS

Make the vendors a huge success! Place your office dental supply orders at the Scientific Session!
Continental Breakfast and lunch provided with registration. For special dietary needs, contact Mary Kaye Vigil at 505-250-1460.
Refunds will be given by written request only and will reflect a $15.00 processing fee. No refunds will be given after September 20, 2019.
Special room rate at Nativo Lodge $71 includes tax. Make reservations directly with hotel 505-798-4300 by September 6, 2019. Ask for “New Mexico Dental Hygienists.”
We encourage carpooling, parking is limited.
Available handouts can be downloaded at NMDHA.org after September 20, 2019.

NM Dental Hygienists’ Association
31st Annual Scientific Session
September 27 - 28, 2019
Nativo Lodge
6000 Pan American Fwy NE
Albuquerque, NM

Please post in your workplace—all dental professionals are invited!
Support the HYPAC RAFFLE!
Tickets available at NMDHA.org

SCHEDULE

FRIDAY, SEPTEMBER 27, 2019
7:30 - 8:15 am: Registration and Breakfast
8:15 - 8:30 am: Elmer Gonzalez, RDH, MBA
Opening Ceremonies and Welcome
8:30 - 10:30 am: Sandraluz Gonzalez, RDH
“Myofunctional Therapy”
10:30 - 11:00 am: Break & exhibitor booths open
10:30 - 12:00 pm: Student Session
11:00 am - 12:00 pm: White Paper panel
“Focus on the Future”
12:00 - 1:00 pm: Lunch; exhibits open
1:00 - 3:00 pm: Jason Flores, DDS, MHA, RN
“Current Trends in Patient Pain Control”
3:00 - 3:30 pm: Break and exhibitor booths open
3:30 - 5:00 pm: Brian Dennis, DDS
“Amaze with Nightlase”
3:30 - 4:30 pm: Educators’ Meeting
4:30 pm: Sigma Phi Alpha Meeting

SATURDAY, SEPTEMBER 28, 2019
8:00 - 8:30 am: Registration and Breakfast
8:30 - 10:00 am: Curtis Pino, DDS
Soft Tissue Recession: When and How?
10:00 - 10:30 am: Break and exhibits open
10:30 - 12:00 pm: General Membership Meeting
Elections and Installation
Includes legislative update, bylaw amendment.
12:00 pm - 1:30 pm: Lunch & Awards
1:30 - 3:00 pm: Ermelinda Baca, RDH, BS
“Marijuana: Legal, Therapeutic and Clinical Considerations for the Dental Professional”
3:00 - 3:15 pm: Break
3:15 - 4:30 pm: “Marijuana” continued