



New Mexico
DENTAL HYGIENISTS'
ASSOCIATION

In-person or Live Virtual via ZOOM

Super CE Saturday

Don't wait! Prepare NOW for license renewal!

*Become a member for discounted CE! www.adha.org

8:00 – 8:30 Check in; coffee and breakfast snacks

8:30 – 10:30 **Professional and Poised: Workplace Communication Mastery** 2 CEU
Hannah Becker. Learn how to manage and navigate difficult conversation, clients, co-workers and bosses in the workplace with ease.

10:30 – 12:00 **Skeleton Keys: Unlocking the Secrets of Osteoporosis** 1.5 CEU
Sheila Acheson, DNP, FNP, ONP, CCD An overview of osteoporosis, diagnosis, treatment options, as well as a summary of evidence-based prevention and screening guidelines to enhance understanding of the condition and support optimal outcomes.

12:00 - 1:00 Lunch/NMDHA General Membership Meeting and Current Issues 1 CEU

1:00 - 2:30 **The Sleep Apnea Epidemic** 1.5 CEU
Robert Brandes, DDS Learn the health consequences of untreated apnea, treatment options and the role of the dental hygienist in screening and treatment of obstructive sleep apnea.

2:30 - 3:30 **Infection Control** 1 CEU
Required once every renewal period for licensure by the NM Board of Dental Health Care.

Saturday, March 4, 2023

UNM Domenici Center Northeast, Room 2720

1001 Stanford NE, Albuquerque, NM

8:30am – 3:30pm

Members: \$99, non-members \$149, students \$25

Includes breakfast snacks & lunch **7 CE's**

Register Online NMDHA.org/events

BLS CPR renewal

American Safety and Health Institute (ASHI)

Part 1- online Didactic Coursework and Exam. Separate fee paid online.

Part 2-- in-person Skills Testing (date to be scheduled with the Instructor)

Cathy Sovereign, MS, RDH, RDN Certified ASHI BLS CPR instructor

Contact csgreendaisy@gmail.com or call/text 505-440-4967 to register and for detailed instructions. \$50 to be paid directly to instructor after registering. No refunds.

Registration deadline for CPR: February 25, 2023

Register online at nmdha.org/events

Or mail registration by February 20, 2023. Questions: nmdhadropbox@gmail.com

Name _____ Email _____ Phone _____

Address _____ City/ State/Zip Code _____

ADHA member # _____ Non-member *Register separately for CPR: csgreendaisy@gmail.com

Make checks payable to NMDHA and mail to: NMDHA, PO Box 40474, Alb., NM 87196

Zoom link will be emailed by noon, Fri, March 3

CE certificates will be emailed by March 18

Refunds after February 25 will reflect a \$15 processing fee. No refunds after March 2