



NMDHA Scientific Session 2026

In-Person and Live Virtual

Berna Facio Professional Development Center • 3315 Louisiana Blvd NE, Albuquerque, NM

Register at NMDHA.org/events or scan QR code

FRIDAY, OCTOBER 23, 2026

7:30 - 8:15 am	Check-In, Continental Breakfast, Exhibitors
8:15 - 8:30 am	Opening Remarks
	Lindsey Lee, RDH, MS, LPN, FADHA, NMDHA President
8:30 - 10:00 am	Katrina Sanders, RDH, BSDH, M.Ed, RF aka The Dental WINEgenist <i>"Guardians of Health: The Essentials of Disease Prevention" Part 1</i>
10:00 - 10:30 am	Break and Exhibitors
10:30 - 11:30 am	Katrina Sanders, RDH, BSDH, M.Ed, RF <i>"Guardians of Health: The Essentials of Disease Prevention" Part 2</i>
11:30 am - 1:00 pm	Luncheon & Exhibits Open
1:00 - 1:30 pm	Lindsey Lee, RDH, MS, LPN, FADHA, NMDHA President <i>"NMDHA Report: State and National Legislative Updates"</i>
1:30 - 3:30 pm	Katrina Klein, RDH, CEAS, CPT aka Ergofitlife_Katrina <i>"Ergonomics in Dentistry: Protect Your Money Maker"</i>
1:30 - 3:00 pm	Educators' Meeting: Focused Session for Educators Moderated by Janaya Bunker, RDH, NMDHA President Elect
3:30 pm	Raffles for Prizes!

SATURDAY, OCTOBER 24, 2026

8:00 - 8:30 am	Check-In, Continental Breakfast, Exhibitors
8:30 - 10:00 am	Amanda Hale, RDH, HIAOMT, FMCAC aka TheCurvyScaler and host of Functional Roots: The Biological Hygiene Podcast <i>"The Oral-Systemic Blueprint: Connecting Digestion, Hormones, Nutrition, and Prevention"</i>
10:00 - 10:30 am	Break and Exhibitors
10:30 - 11:45 am	General Membership Meeting <i>"Updates, Elections, and Installation"</i>
11:45 am - 1:00 pm	Luncheon with Raffle; Exhibits Open
1:00 - 2:30 pm	Valoree Althoff, MHA, BSDH, CPP-T, PRP <i>"The Intersection of Oral Health and Lymphatic Function"</i>
2:30 - 3:00 pm	Board of Trustees Meeting