

The New Mexico Dental Hygienists' Association
Super CE Saturday
March 16, 2024

8:00 am - 8:30 am Check-in; Coffee and Breakfast Snacks

8:30 am – 9:45 am

Ensuring HIPAA Compliance in Clinical Practice and Great Chart Documentation 2 CEU



Erin Stockton, DDS

Originally from Milwaukee, Wisconsin, Dr. Erin Stockton received her Bachelor of Science degree from Marquette University in the Biological Sciences. She then attended Nova Southeastern University School of Dental Medicine. Dr. Erin went on to complete a General Practice Residency at the University of Nebraska Medical Center in Omaha, NE and at the Veterans Administration Nebraska-Western Iowa Hospital. She currently practices with her husband, Dr. Seth Stockton, at Sandia Park Family Dentistry.

9:45 am – 10:00 am Break

10:00 am – 12:00 pm

Trending Diets and the Skinny on Oral Health 2 CEU

Fad diets are growing and becoming serious public health concerns, requiring significantly increased attention from dental professionals. This course tackles these diet trends your patients are following: low FODMAP, Mediterranean, gluten-free, dairy-free, and plant-based diets. Learn how they affect the dental health of your patients. Explore best practices that will help oral healthcare professionals put key nutritional guidance into clinical practice.



Ellen Karlin, MMSc, RDN, LDN, FADA co-presenter

Ellen Karlin currently runs a successful virtual nutrition consulting service. She holds a Master of Medical Science degree in nutrition education from Emory University and became a fellow of the American Dietetic Association in 1999. Ellen was a nutrition consultant to dental healthcare professionals in Owings Mills, Maryland and a nutrition consultant at the Comprehensive Asthma and Allergy Center for over 3 decades. Dr. Karlin is a nationally invited speaker on the subject of nutrition and oral health. Ellen is a spokesperson for the American Dairy Association Northeast and a nationally recognized speaker.



Sara Karlin, DDS co-presenter

Dr. Sara Karlin is a board-certified pediatric dentist working as Adjunct Faculty at Arizona School of Dentistry and Oral Health and in private practice in Phoenix. She received her D.D.S. at the University of Maryland School of Dentistry. Dr. Karlin pursued her specialty training at New York University and Bellevue Hospital Center. She is a member of the American Academy of Pediatric Dentistry and the Arizona Academy of Pediatric Dentistry. Dr. Karlin is a nationally invited speaker on the subject of nutrition and oral health. Dr. Karlin is a nationally invited speaker on the subject of nutrition and oral health.

12:00 pm – 1:00 pm Lunch, NMDHA General Membership Meeting

1:00 pm – 2:30 pm Sponsored by Henry Schein One

AI's Impact on the Future of Dental Care

Discover how artificial intelligence (AI) is shaping the future of dental care. This session will provide a comprehensive overview of how advanced technologies enhance various aspects of your dental practice. Gain a foundational understanding of AI principles and their application in diagnosis, patient communication, treatment acceptance, and boosting revenue.



Adam McDaniel is the general manager for clinical solutions at Henry Schein One. Adam joined Henry Schein over 22 years ago. Before his current role, Adam spent over 14 years in product management, playing a key role in developing the strategy, launch, and ongoing product management efforts for Dextrix Ascend. More recently, he has been involved in the launch of imaging solutions including the Detect AI solution, the new Henry Schein One imaging artificial intelligence (AI) solution.

2:30 pm – 3:30 pm

Infection Control 1CEU. Required once every renewal period for licensure by the NM Board of Dental Health Care.



Jaimie Meihaus, RDH, MSDH

Jaimie is the current NMDHA President and a practicing hygienist. After receiving a bachelor's degree in biology from New Mexico State University, Jaimie studied dental hygiene at Doña Ana Community College and then went on to pursue a master's degree in dental hygiene from UNM. She has practiced dental hygiene for 10 years, including time as an educator/senior clinic coordinator for Pima Medical Institute. Jaimie has a passion for teaching others, especially anything related to the profession of dental hygiene. She has spoken in support of the dental hygiene profession in multiple capacities, volunteers as a Test Constructor for the ADA, and has served NMDHA as President for the last 2 years.