

NMDHA Scientific Session 2024

Crowne Plaza Hotel

1901 University Blvd NE, Albuquerque, NM 87102

FRIDAY, OCTOBER 25, 2024

7:30 - 8:15 am: Check-in, Breakfast, Exhibitors *Promenade East*

8:15 - 8:30 am: Welcome from NMDHA President Jaimie Meihaus, RDH, MSDH *NM Ballroom*

8:30 – 10:30 am *NM Ballroom*

The 4 C's of Periodontal Disease: Classification, Calibration, Communication and Confidence. Sponsored by **PHILIPS**

Presented by Danette Ocegueda, RDH, MS.



Danette Ocegueda, RDH, MS is the Manager of Professional Education for Philips Oral Healthcare, Western Region. Danette is a national speaker with over thirty-three years of experience in clinical practice, academia, research, and Forensic Dentistry. An ADHA member, Danette is a past recipient of the ADHA/Sigma Phi Alpha Graduate Journalism Award and the Dentsply Sirona Graduate Student Clinician's Research Award as well as a contributor to Darby and Walsh's Dental Hygiene: Theory and Practice 5th and 6th edition textbook.

Course Description:

Have you experienced any obstacles when incorporating the current AAP Periodontal Staging and Grading Classification system? It is critical that our patients understand the importance of biofilm management as it relates to their periodontal condition.

Coaching, active listening, open-ended questions, and the new Philips Chairside Practice Toolset will be examined as ways to elicit behavioral changes. Communicating with clarity is essential for patient engagement and case acceptance.

This course will address team collaboration and confidence for effective patient conversations to gain periodontal treatment plan acceptance.

8:30 – 10:30 Student Breakout sponsored by **waterpik** *SW Ballroom*

“Oh, the Places You Will Go! Navigating the Transition from Hygiene Student to Dental Hygiene Clinician” by Sue Scherer, RDH, BS.

10:30 - 11:00 am: Break and Exhibitors

FRIDAY, OCTOBER 25, 2024

11:00 - 12:00 pm *NM Ballroom*

“Integration of Dental Hygiene Care into Medical and Public Health Settings”

presented by Elmer Gonzalez, RDH, PhD, Angela Cook, RDH, MS and Nicole Gonzales, RDH, MS



Elmer Gonzalez, RDH, PhD, is currently serving as the Chair of Dental Programs at New Mexico State University-Doña Ana Community College. Dr. Gonzalez has been instrumental in developing new initiatives to support students and patients by establishing external clinical sites aimed at improving access to preventive dental hygiene services while providing dental hygiene students opportunities for success and enhanced clinical practice. Dr. Gonzales has secured substantial grant funding to support community outreach initiatives.



Angela Cook, RDH, MS, is an assistant professor at the University of New Mexico and the dental coordinator for the UNM School Based Health Program. She currently holds the position of Clinical Reviewer on the New Mexico Medicaid Fee-for-Service Contract. Professor Cook’s research interests are in the advancement of dental hygiene, interdisciplinary care, and local anesthesia practices. She holds several professional memberships, including the American Dental Hygienists’ Association.



Nicole Gonzales, RDH, MS, is an assistant professor of Dental Hygiene at the University of New Mexico. She worked for many years at a Federally Qualified Health Center where she was part of a team-based care model providing integrated dental care with the primary medical, pediatric and behavioral health teams. She holds several professional memberships, including the American Dental Hygienists’ Association.

Course description:

This panel will each discuss programs they operate that integrate dental hygiene services into settings outside of dental care. Attendees will have the opportunity to ask questions and have discussions about this transformation to our dental care delivery system in New Mexico.

12:00 - 1:30 pm: Lunch, Exhibits Open *SW Ballroom*

**Celebrate!
October is
National Dental Hygiene Month**

FRIDAY, OCTOBER 25, 2024

1:30 – 3:00 pm *NM Ballroom*

More Than Just A Sweet Tooth: Oral health Implications for Diabetic Patients

Sponsored by Water Pik Inc.

Presented by Sue Scherer RDH, BS



Sue Scherer, RDH, BS is the Education & Professional Relations Manager for Water Pik Inc. She has been a dental hygienist for over 20 years and has experience as a chairside clinician, dental hygiene program instructor, CE speaker and author. Sue is an active member of the ADHA, NJDHA, and ADEA. She is the Immediate Past President of the New Jersey DHA and a member of the Bergen Community College Dental Hygiene Advisory Board. Her courses provide the current scientific evidence on topics that often bring confusion to patient care.

Course description: Diabetes is a chronic condition that occurs when the pancreas is unable to make enough insulin, or any at all, or when the body is unable to respond to the effect of insulin. There are approximately 37.3 million Americans living with diabetes. This course will review the different forms of diabetes, the oral health implications of uncontrolled diabetes and the dental care considerations for people with diabetes.

1:30 – 3:00 pm: Student Breakout sponsored by **PHILIPS** *SW Ballroom*

“Communicating with Confidence” by Danette Ocegueda, MSDHE, RDH, FADHA

3:00 - 3:15 pm Break and Exhibitors

3:15 – 4:30 pm *NM Ballroom*

NANO-HYDROXYAPATITE UNMASKED: DEBUNKING MYTHS AND HARNESSING THE SCIENCE FOR IMPROVED ORAL HEALTH

Presented by: Adam Van Sickle, RDH, MLS



Adam Van Sickle is a practicing dental hygienist and accomplished educator affiliated with Dr. Jen Oral Care. Adam has delivered lectures to hundreds of dental offices, captivating audiences with his expertise in the science of nano-hydroxyapatite. He won first-place for his lecture on nano-hydroxyapatite at the San Juan College Scientific Conference. Prior to his career in dental hygiene, Adam served as a research librarian for many years, honing his skills in information retrieval and analysis.

Course Summary: Explore the history of Nano Hydroxyapatite (nHAp) development, from NASA's pioneering work in the 1970's to its diverse applications in the medical and dental fields over the past four decades. Learn of clinical studies validating nHAp as a proven remineralizing ingredient and its ability to effectively manage hypersensitivity. Discover the enhanced remineralization potential achieved when nHAp is combined with fluoride in toothpaste

formulations. Don't miss this opportunity to stay at the forefront of dental innovation and elevate your clinical practice.

For Educators: *SW Ballroom*

3:00 - 4:00 pm: Dental Hygiene Clinical Teaching Strategies and Faculty Calibration

by Justine Ponce, RDH, MS and Robin Gatlin, RDH, MS

4:00 – 4:30 pm: Dental Educators' Meeting

4:30 – 6:30 pm: Social with hors d'oeuvres *Garden Room*

Join your colleagues for fun, food and relaxation before heading home!

Please thank our exhibitors!



Saturday, October 26, 2024

8:00 - 8:30 am: Check-in, Breakfast, Exhibitors *Promenade East*

8:30 - 10:30 am: *NM Ballroom*

What Remains: Forensic Odontology and the Role of the Dental Professional

presented by Danette Ocegueda, RDH, MS

Sponsored by **PHILIPS**



Danette Ocegueda, RDH, MS is the Manager of Professional Education for Philips Oral Healthcare, Western Region. Danette is a national speaker with over thirty-three years of experience in clinical practice, academia, research, and Forensic Dentistry. An ADHA member, Danette is a past recipient of the ADHA/Sigma Phi Alpha Graduate Journalism Award and the Dentsply Sirona Graduate Student Clinician's Research Award as well as a contributor to Darby and Walsh's *Dental Hygiene: Theory and Practice* 5th and 6th edition textbook.

Course Description: Forensic Odontology is the management, examination, evaluation and presentation of dental evidence in criminal or civil proceedings, in the interest of justice. This evidence-based seminar will feature the identification methods used to identify victims of accidents, crimes, and mass fatality disasters. This course will also detail the various ways dental professionals may get involved in forensic odontology at the local, state, and national level.

10:30 - 11:00 am: Break and Exhibitors

11:00 – 12:00 pm: *NM Ballroom*

"Debunking Myths and Exploring the Benefits of Oil Pulling in Oral Health

Presented by Amanda Hite Hale, RDH

Sponsored by

**Guru
Nanda.**



Amanda L. Hale, RDH, been practicing since 2008, following her graduation from the University of New Mexico. As a Key Opinion Leader, writer and speaker, she contributes her expertise to the dental community through her work as a professional educator for GuruNanda and RiseWell. Amanda is currently pursuing her HIAOMT certification as a biological dental hygienist with the IAOMT. She also co-hosts the *Hygiene Elevated: Conversations & Innovations* podcast, where she explores the latest trends and innovations in dental hygiene

Course Description:

This course will separate fact from fiction to provide a comprehensive understanding of its role in modern oral health care. Participants will explore the origins of oil pulling, the types of oils commonly used, and the potential benefits and limitations of incorporating this practice into daily routines. This course aims to equip dental professionals with evidence-based knowledge to guide patient education. Attendees will also learn about the proper techniques and mechanics of oil pulling, its indications for conditions like dry mouth, gingivitis, and thrush, and how to recommend this practice as part of a holistic oral care regimen.

12:00 - 1:00 pm: Lunch with Raffle; Exhibits Open *SW Ballroom*

1:00 - 2:30 pm: General Membership Meeting, Elections and Installation

2:30 - 4:30 pm *NM Ballroom*

"Engaging Patients with Salivary Diagnostics"

Presented by Dr. Kee-Ju Hong



Dr Kee-Ju Hong has been practicing dentistry since 2011. An avid learner, Dr Hong is passionate about both learning and teaching about the oral/systemic link to help patients live better lives and providers give better care.

Course Description:

Empower patients to take an active role in understanding and taking care of their oral health. This course will define salivary diagnostics and how it can assist clinicians in diagnosing periodontal disease. Learn how incorporating salivary diagnostics into your practice can increase patient understanding of the oral systemic link.

NMDHA: Celebrating 65 years 1959 – 2024**NMDHA Board of Trustees 2023- 2024**

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