FRIDAY

WELCOME FROM NMDHA PRESIDENT
Kayla Gallegos, BSDH

Facing the Future - Together

The Dental Professional’s Role in Supporting Patients with Addiction Disorders
Sponsored by Crest Oral-B

1 in 12 adults in America have an active substance use disorder, many without showing any outward signs of a disorder. With the right skills and confidence, dental professionals can serve as the first line of defense against risky substance use. Learn how to effectively communicate with patients and team members about addiction disorders.

Stephanie Botts, RDH, BSDH, CEAS has practiced clinical dental hygiene for 14 years. She has spoken at the Denver Cardiology Summit, advising physicians about the oral/systemic link. She has spoken frequently about street drugs and their effects on the oral cavity, and the oral-systemic link.

Joining the Expanding Dots on Oral Systemic Care
Sponsored by Premier®

Recent findings have expanded our knowledge base on oral-systemic health, including the number and types of links and associations. During this presentation, we will address existing and recent findings connecting these, and implications for dental professionals and patients.

Fiona Collins, BDS, MBA, MA, FPFA is a national and international speaker and author. She has lectured on a variety of topics including infection control, and the prevention and management of oral disease. Dr. Collins graduated as a general dentist from the University of Glasgow in Scotland and earned an MBA and MA from the University of Boston.

Occupational Hazards and Oral Health

Learn the influence of occupation on oral health. What do wine-tasters, swimmers, divers, sports players and musicians have in common? During this course we will discuss occupational risk and a variety of occupations that can place people at risk for specific oral conditions, as well as mechanisms to prevent and treat oral conditions related to these occupations. In addition, factors requiring consideration in the provision of dental care will be addressed.

Fiona Collins, BDS, MBA, MA, FPFA

SATURDAY

Mouth, Body and Mind: Integration and Behavioral and Oral Health

Learn the dental hygienist’s role in behavioral health including the implementation of depression screenings in the dental clinic.

Candace Owen, RDH, MS, MPH is an RDH and the Education Director for the National Network for Oral Health Access (NNOHA). She graduated from UNM DH in 2013 and in 2015 with an MSDH and MPH. NNOHA is a national non-profit organization that supports dental providers who work with the safety-net like FQHCs and other community-based health organizations.

NEW MEXICO HEALTH RESOURCES

New Mexico Health Resources, Inc. (NMHR), is a private, non-profit, no-fee agency organized to support efforts to recruit and retain healthcare personnel for communities including rural and medically underserved areas around New Mexico.

NUPAC (Nicotine Use, Prevention and Control)

Cessation services and resources available to health care professionals through NUPAC.

Esther Hoang, MPH has almost 20 years of combined experiences working in both primary care and public health. In 2017, she joined the New Mexico Department of Health’s Nicotine Use Prevention and Control Program as the Cessation Specialist overseeing the Quitline services and Health Systems Change Training and Outreach Program. She is currently the program manager of NUPAC.

Essential First Aid for Adults

Catherine Sovereign, MS, BSDH, RDN, RDH Certified ASHI BLS CPR/AED and First Aid Instructor. Dental Hygiene and Dietetics/Nutrition degrees from UNM and has taught at CNM and UNM as well as presented to oral health, dietetic and community groups. She is currently Adjunct Faculty at the Santa Fe CC Dental Assisting Program.

Mindset Reset: Cultivating the Mindset and Habits To Defeat Burnout and Create Lasting Motivation

Explore how you can end the cycle of burnout, create healthy habits in the home and workplace, and create a mindset that allows you to thrive in any environment.

Hannah Becker is a certified mindset, health and business coach. She employs a holistic approach to deep wellness, combining powerful and proven physical, mental, and emotional health strategies. It is Hannah’s mission to help people cultivate a growth mindset and lead a self-actualized life.
REMINDERS

FRIDAY, OCTOBER 28, 2022

7:30 - 8:15 am: Breakfast, Exhibitors
8:15 - 8:30 am: Welcome from NMDHA President Kayla Gallegos
8:30 - 10:30 am: Stephanie Botts, RDH, BSDH, CEAS “The Dental Professional’s Role in Supporting Patients with Substance Abuse Disorder”
10:30 - 10:45 am: Break and Exhibitors
10:45 - 12:45 pm: Dr. Fiona Collins, BDS, MBS, MA, FPFA “Joining the Expanding Dots on Oral Systemic Care”
1:00 - 2:00 pm: Lunch and Exhibits Open
2:00 - 4:00 pm: Dr. Fiona Collins, BDS, MBS, MA, FPFA “Occupational Hazards and Oral Health”
4:00 - 4:30 pm: Exhibitor presentations
3:30 - 4:30 pm Educators’ Meeting

SATURDAY, OCTOBER 29, 2022

8:00 - 8:30 am: Breakfast, Exhibitors
8:30 - 9:30 am: Candace Owen, RDH, MS, MPH “Mouth, Body and Mind: Integration and Behavioral and Oral Health.”
9:30 - 10:00 am: NM Health Resources
10:00 - 10:30 am: Esther Hoang, MPH NUPAC (Nicotine Use Prevention and Control)
10:30 pm - 10:45 pm: Break and Exhibitors
10:45 - 11:45 pm: General Membership Meeting, Elections and Installation
11:45 - 12:00 pm: Break and Exhibitors
12:00 - 1:00 pm Lunch; Exhibits Open
1:00 - 2:30 Catherine Sovereign, MSND, BSDH, RDN “Essential First Aid for Adults.”
2:30 - 3:00 pm Break, HYPAC Raffle, Exhibitors
3:00 - 4:00 pm Hannah Becker “Mindset Reset: Cultivating the Mindset and Habits to Defeat Burnout and Creating Lasting Motivation”

please support the HYPAC Raffle

Drawing to be held Saturday, October 29
Need not be present to win.
The NMDHA HYPAC supports candidates whose political principles promote the highest quality oral health initiatives for the citizens of New Mexico.
Mail donations to: Valoree Althoff, HYPAC Treasurer, 5 Road 3779 Farmington, NM 87401

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