

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

ADHA Member #: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Full Scientific Session Fee: \$\_\_\_\_\_ 14 CEUs****Please circle In-person / virtual**

ADHA Members: \$285 / \$305

Non Members &amp; DDS \$385 / \$405

2023 Grads: \$260 / \$285

DH/DA Students: \$100

Assistants/staff \$260 / \$285

**Friday or Saturday All-Day Fee:****(please circle which day) \$\_\_\_\_\_ 7 CEUs****In-person / virtual**

ADHA Members: \$185 / \$225

Non Members &amp; DDS \$235 / \$275

2023 Grads \$135 / \$175

DH/DA Students: \$50

Assistants:/staff: \$135 / \$175

**Register online**at [www.nmdha.org/events](http://www.nmdha.org/events)

PayPal account not needed

OR mail completed form and check payable to  
NMDHA, P.O. Box 40474, Albuquerque, NM 87196

Virtual link will be emailed by Oct. 26

**Questions? Special Dietary needs?****Email: [nmdhadropbox@gmail.com](mailto:nmdhadropbox@gmail.com)****Not a Member?****Become a member and get the member rate at****[www.adha.org](http://www.adha.org)**Refunds will be given by written request only and will  
reflect a \$15.00 processing fee. No refunds after  
October 20, 2023

Meals not guaranteed with on-site registration.

**WELCOME FROM NMDHA PRESIDENT**

Jaimie Meihaus, RDH, MSDH

***Together we are Unstoppable!*****Local Anesthesia in Dental Hygiene  
Practice: New and in Review**

This course will review the pharmacology of local anesthetics and vasoconstrictors, medical history evaluation, dosing of local anesthetics, anatomical structures, navigational approaches necessary to troubleshoot injection problems, and a review of local and systemic complications related to the administration of local anesthetics.

**Demetra Logothetis, RDH, MS** is Professor Emeritus at the University of New Mexico, Dept. of Dental Medicine, serving as director of the Dental Hygiene Program for 16 years. She is currently teaching part-time at UNM and teaches local anesthesia certification courses across the country. She has authored *Local Anesthesia for the Dental Hygienist* and has been the recipient of numerous professional honors and awards.

**Attention Students: Just for YOU  
Effective Communication & Perfect  
Patient Experience****Sponsored by Pacific Dental**

Problem solve several challenging, yet common patient scenarios in the office. Interactive breakout sessions will work through several patient case studies.

**Angela Martin, RDH****Spanish For the Dental Professional  
by Dr. Laura Lopez Jauregui****Nanotechnology: The Journey of a  
Masters in Dental Hygiene and Beyond**

Researching products for clinical use is common for dental hygienists. Suggesting and promoting products that are both safe and effective for our patients is important when considering recommendations. Jennifer will discuss research opportunities specifically for dental hygiene professionals that should eventually expand terminal degree options for dental hygiene colleagues.

**Jennifer Carranza, BSDH, MSDH, DA, EFDA** is the lead researcher for the Bio Nano Group, Center for High Tech Materials, researching nanotechnology for application in dental sciences. She is a UNM graduate, works in private practice and is an adjunct faculty at CNM, dental assisting program.

**Taking Dental Hygiene to the  
Next Level**

This session will discuss easy to implement strategies to ignite your earning potential, improve patient health outcomes, and increase overall job satisfaction. If you're new to dental hygiene or a seasoned hygienist, the topics in this session will give you the tools to transform your career.

**Lindsey Lee, RDH, MS, LPN** has worked in dentistry for over 20 years in almost every facet of the profession. Currently, Ms. Lee manages two dental practices and a medical aesthetics clinic. Ms. Lee has first-hand knowledge of what is necessary to create a happy, productive team, as well as a fulfilling dental hygiene career. The strategies she uses every day in her office are easy to implement, and have shown to improve job satisfaction, self advocacy, teamwork, earning potential, and patient care.

**Chinese Tongue Diagnosis**

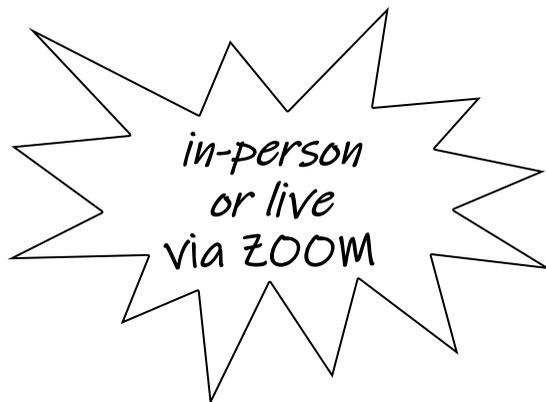
Finding new answers to unsolved oral issues is easier than you think. The tongue is a diagnostic source of systemic conditions. Incorporating the Chinese Tongue Diagnosis/CTD with a comprehensive medical history, dental professionals can help their patients become advocates for their systemic health while also improving their oral health.

**Lani McBeth, BSRDH, RDH, EFDH** is a Prevention Strategist, Clinician, Speaker, Author, and CEO of *OWL: The Oral Wellness Link*. In her educational pursuits, she has found a balance in using Western and Eastern Medicine when working to find the oral-systemic link. She is a 2023 Sunstar Award of Distinction Recipient.

**Oral Cancer Screening:  
It's More than Grasping the Tongue**

The consequences of an incomplete Oral Cancer Screening, delayed referrals, and inadequate documentation can result in an increased risk of liability, delayed diagnosis, and worst-case scenario a life lost. Join Susan to discuss the etiologies, risk factors, the signs and symptoms associated with oral and oropharyngeal cancer, and components of a comprehensive evaluation.

**Susan Cotten, BSDH, RDH, OMT** is the founder and CEO of **Oral Cancer Consulting**. She developed the "**Cotten Method**", a dental oral cancer office system and method of screening. Susan believes the entire dental team plays a role in raising awareness, educating patients, and early detection. Susan is the Workforce Lead for the Alliance for HPV Free Colorado, and a RDH Advisory Board member with the Oral Cancer Foundation.



NM Dental Hygienists' Association
35th Annual Scientific Session
October 27-28, 2023

BE INFORMED!

Attend the NMDHA General Membership meeting on Saturday at 1:00 pm Elections and Installation, ADHA updates and more.

Need a room?

Call the Crowne Plaza 877-227-6963 Block code NMD \$99 plus tax Deadline Oct 5, 2023 for special rate

Please support the HYPAC Raffle

Drawing to be held Saturday, October 28 Need not be present to win.

The NMDHA HYPAC supports candidates whose political principles promote the highest quality oral health initiatives for the citizens of New Mexico.

Mail donations to:

Valoree Althoff, HYPAC Treasurer,

FRIDAY, OCTOBER 27, 2023

- 7:30 - 8:15 am: Registration, Breakfast, Exhibitors
8:15 - 8:30 am: Welcome from NMDHA President Jaimie Meihaus
8:30 - 10:30 am: Demetra Logothetis, RDH, BSDH "Local Anesthesia in Dental Hygiene Practice: New and In Review"
8:30 - 10:30 am: Student Session
10:30 - 11:00 am: Break and Exhibitors
11:00 - 12:00 pm: Jennifer Carranza, RDH, MS "Nanotechnology: the Journey of a Masters in Dental Hygiene and Beyond"
12:00 - 1:30 pm: Lunch: Awards; Exhibits Open
1:30 - 3:30 pm: Lindsey Lee, BSDH, MS, LPN "Taking Dental Hygiene to the Next Level"
3:30 - 4:30 pm: Spanish for Dental Professionals
3:30 - 4:30 pm Educators' Meeting
4:30 - 6:30 pm Social: all registrants invited

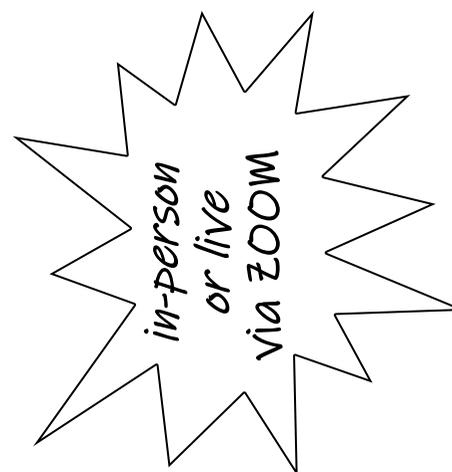
\*NEW\* Social with hors d'oeuvres Wind down and catch up with friends and colleagues after a day of learning!

SATURDAY, OCTOBER 28, 2023

- 8:00 - 8:30 am: Registration, Breakfast, Exhibitors
8:30 - 10:30 am: Lani McBeth, BSRDH, RDH, EFDH "Chinese Tongue Diagnosis"
10:30 - 11:00 am: Break and Exhibitors
11:00 - 12:30 pm: Susan Cotten, BSDH, RDH, OMT "Oral Cancer Screening: It's More than Grasping the Tongue"
12:30 - 1:30 pm Lunch; Raffle; Exhibits Open
1:30 - 2:30 Meeting, Elections and Installation
2:30 - 4:30 pm "Oral Cancer" cont'd

\*\*\*\*\* Visit the exhibitors. Bring your office orders. Thank them for their support of NMDHA

New Mexico Dental Hygienists' Association
35th Annual Scientific Session
General Membership Meeting
October 27 - 28, 2023



connect with colleagues -> expand your knowledge -> revitalize your career

adha New Mexico DENTAL HYGIENISTS' ASSOCIATION
New Mexico Dental Hygienists' Association
P.O. Box 40474
Albuquerque, NM 87196