Registration

Name: __________________________
Phone #: ________________________
ADHA Member #: __________________
Email: ___________________________
Address: _________________________
City, State, Zip: ___________________

Full Scientific Session Fee: $_______ 14 CEUs
Please circle: In-person / virtual
ADHA Members: $260 / $285
Non Members & DDS: $385 / $405
2023 Grads: $260 / $285
DH/DA Students: $100
Assistants/staff: $260 / $285

Friday or Saturday All-Day Fee: (please circle which day) $_______ 7 CEUs
In-person / virtual
ADHA Members: $185 / $225
Non Members & DDS: $235 / $275
2023 Grads: $135 / $175
DH/DA Students: $100
Assistants/staff: $135 / $175

Refunds will be given by written request only and will reflect a $15.00 processing fee. No refunds after Oct 20, 2023

Meal not guaranteed with on-site registration.

FRIDAY

Welcome from NMDHA President
Jaimie Meilhaus, RDH, MSDH
Together we are Unstoppable!

Local Anesthesia in Dental Hygiene Practice: New and in Review

This course will review the pharmacology of local anesthetics and vasoconstrictors, medical history evaluation, dosing of local anesthetics, anatomical structures, navigational approaches necessary to troubleshoot injection problems, and a review of local and systemic complications related to the administration of local anesthetics.

Demetra Logothetis, RDH, MS is Professor Emeritus at the University of New Mexico, Dept. of Dental Medicine, serving as director of the Dental Hygiene Program for 16 years. She is currently teaching part-time at UNM and teaches local anesthesia certification courses across the country. She has authored Local Anesthesia for the Dental Hygienist and has been the recipient of numerous professional honors and awards.

Attention Students: Just for YOU Effective Communication & Perfect Patient Experience

Sponsored by Pacific Dental

Problem solve several challenging, yet common patient scenarios in the office. Interactive breakout sessions will work through several patient case studies.

Angela Martin, RDH

Spanish For the Dental Professional by Dr. Laura Lopez Jauregui

Friday

Nanotechnology: The Journey of a Masters in Dental Hygiene and Beyond

Researching products for clinical use is common for dental hygienists. Suggesting and promoting products that are both safe and effective for our patients is important when considering recommendations. Jennifer will discuss research opportunities specifically for dental hygiene professionals that should eventually expand terminal degree options for dental hygiene colleagues.

Jennifer Carranza, BSDH, MSDH, DA, EFDA is the lead researcher for the Bio Nano Group, Center for High Tech Materials, researching nanotechnology for application in dental sciences. She is a UNM graduate, works in private practice and is an adjunct faculty at CNM, dental assisting program.

Taking Dental Hygiene to the Next Level

This session will discuss easy to implement strategies to ignite your earning potential, improve patient health outcomes, and increase overall job satisfaction. If you’re new to dental hygiene or a seasoned hygienist, the topics in this session will give you the tools to transform your career.

Lindsey Lee, RDH, MS, LPN has worked in dentistry for over 20 years in almost every facet of the profession. Currently, Ms. Lee manages two dental practices and a medical aesthetics clinic. Ms. Lee has first-hand knowledge of what is necessary to create a happy, productive team, as well as a fulfilling dental hygiene career. The strategies she uses every day in her office are easy to implement, and have shown to improve job satisfaction, self advocacy, teamwork, earning potential, and patient care.

Saturday

Chinese Tongue Diagnosis

Finding new answers to unsolved oral issues is easier than you think. The tongue is a diagnostic source of systemic conditions. Incorporating the Chinese Tongue Diagnosis/CTD with a comprehensive medical history, dental professionals can help their patients become advocates for their systemic health while also improving their oral health.

Lani McBeth, BSDH, RDH, EFDA is a Prevention Strategist, Clinician, Speaker, Author, and CEO of OWL: The Oral Wellness Link. In her educational pursuits, she has found a balance in using Western and Eastern Medicine when working to find the oral-systemic link. She is a 2023 Sunstar Award of Distinction Recipient.

Oral Cancer Screening: It’s More than Grasping the Tongue

The consequences of an incomplete Oral Cancer Screening, delayed referrals, and inadequate documentation can result in an increased risk of liability, delayed diagnosis, and worst-case scenario a life lost. Join Susan to discuss the etiologies, risk factors, the signs and symptoms associated with oral and oropharyngeal cancer, and components of a comprehensive evaluation.

Susan Cotten, BSDH, RDH, OMT is the founder and CEO of Oral Cancer Consulting. She developed the “Cotten Method”, a dental oral cancer office system and method of screening. Susan believes the entire dental team plays a role in raising awareness, educating patients, and early detection. Susan is the Workforce Lead for the Alliance for HPV Free Colorado, and a RDH Advisory Board member with the Oral Cancer Foundation.

WELCOME FROM NMDHA PRESIDENT
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Practice: New and in Review

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**FRIDAY, OCTOBER 27, 2023**

7:30 - 8:15 am: Registration, Breakfast, Exhibitors  
8:15 - 8:30 am: Welcome from NMDHA President Jaimie Meihaus  
8:30 - 10:30 am: Demetra Logothetis, RDH, BSDH  
"Local Anesthesia in Dental Hygiene Practice: New and In Review"  
8:30 - 10:30 am: Student Session  
10:30 - 11:00 am: Break and Exhibitors  
11:00 - 12:00 pm: Jennifer Carranza, RDH, MS  
"Nanotechnology: the Journey of a Masters in Dental Hygiene and Beyond"  
12:00 - 1:30 pm: Lunch; Awards; Exhibits Open  
1:30 - 2:30 pm: Meeting, Elections and Installation  
2:30 - 4:30 pm: Oral Cancer Screening: It’s More than Grasping the Tongue"  
3:30 - 4:30 pm: Educators’ Meeting  
4:30 - 6:30 pm: Social: all registrants invited

**SATURDAY, OCTOBER 28, 2023**

8:00 - 8:30 am: Registration, Breakfast, Exhibitors  
8:30 - 10:30 am: Lani McBeth, BSRDH, RDH, EFDH "Chinese Tongue Diagnosis”  
10:30 - 11:00 am: Break and Exhibitors  
11:00 - 12:30 pm: Susan Cotten, BSDH, RDH, OMT "Oral Cancer Screening: It's More than Grasping the Tongue”  
12:30 - 1:30 pm Lunch; Raffle; Exhibits Open  
1:30 - 2:30 Meeting, Elections and Installation  
2:30 - 4:30 pm "Oral Cancer" cont’d

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**REMINDERS**

**SCHEDULE**

**NM Dental Hygienists’ Association**

**35th Annual Scientific Session**

October 27-28, 2023

**BE INFORMED!**

Attend the NMDHA General Membership meeting on Saturday at 1:00 pm  
Elections and Installation, ADHA updates and more.

**Need a room?**

Call the Crowne Plaza 877-227-6963  
Block code NMD $99 plus tax  
Deadline Oct 5, 2023 for special rate

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**Please support the HYPAC Raffle**

Drawing to be held Saturday, October 28  
Need not be present to win.

The NMDHA HYPAC supports candidates whose political principles promote the highest quality oral health initiatives for the citizens of New Mexico.

Mail donations to:

Valoree Althoff, HYPAC Treasurer,

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**Social with hors d’oeuvres**

Wind down and catch up with friends and colleagues after a day of learning!

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**New Mexico Dental Hygienists’ Association**

**35th Annual Scientific Session**

October 27 - 28, 2023

**Connect with colleagues → expand your knowledge → revitalize your career**

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Please post in your workplace—all dental professionals are invited!